

1 MILE TIME TRIAL 3RD SEPT

No	Name	Run 1	Run2	Run3	Best
		MPM	MPM	MPM	MPM
1	Chris Limmer	00:04:53	00:05:49	00:05:26	04:53
2	Matt Johnson	00:04:56	00:05:18	00:05:12	04:56
3	Chris Langham	00:05:28	00:05:39	00:05:41	05:28
4	Kevin Higham	00:05:32	00:05:48 -		05:32
5	Christian Picker	00:05:37	00:05:53	00:06:00	05:37
6	Ben Masser	00:05:47	00:06:05	00:05:56	05:47
7	Jon Mitchell	00:05:50	00:05:53	00:05:50	05:50
8	Lee Randall	00:05:57	00:06:16	00:06:21	05:57
9	Ali Higgins	00:05:58	00:06:05	00:06:06	05:58
10	Paul Ashby	00:06:01	00:06:11	00:06:11	06:01
11	Shawn Wilebore	00:06:03	00:06:07	00:06:17	06:03
12	Jonathan Strong	00:06:05	00:06:57	00:06:56	06:05
13	Simon Cooke	00:06:08	00:06:25	00:06:35	06:08
14	Nigel Muggleridge	00:06:12	00:06:49	00:07:07	06:12
15	Alex Abell	00:06:16	00:06:38	00:06:33	06:16
16	Kate Perkins	00:06:16	00:06:23	00:06:24	06:16
17	Michael Wynne	00:06:19	00:06:37	00:06:45	06:19
18	Ed Nixon	00:06:19	00:06:35	00:06:24	06:19
19	Andy Lauder	00:06:20	00:06:39	00:06:46	06:20
20	Steve Penny	00:06:22	00:06:54	00:06:47	06:22
21	Richard Alexander	00:06:50	00:07:11	00:07:18	06:50
22	Jonathan Jones	00:06:50	00:07:00	00:07:35	06:50
23	Emma Wynne	00:06:55	00:07:03	00:07:06	06:55
24	Penny Masser	00:07:00	00:06:58	00:07:04	06:58
25	Paul Cheeney	00:07:01	00:07:17	00:07:28	07:01
26	Elaine Doran	00:07:01	00:07:13	00:07:43	07:01
27	Tammy Clarke	00:07:01	00:07:11	00:07:26	07:01
28	Nicola Waite	00:07:01	00:07:11	00:07:26	07:01
29	Kelly Smith	00:07:01	00:07:15	00:07:26	07:01
40	Sarah McSharry	00:07:01	00:07:10	00:07:06	07:01
30	Mike Daniels	00:07:04	00:08:27	00:08:17	07:04
31	Roy Russell	00:07:09	00:07:30	00:07:41	07:09
32	Rachael Middleton	00:07:27	00:08:22	00:07:56	07:27
33	Adi Cormicle	00:07:32	00:07:45	00:07:57	07:32
34	Jayne Thomas	00:07:34	00:07:53 -		07:34
35	Julia Vincent	00:07:34	00:08:32 ?		07:34
36	Alison Langham	00:07:40	00:08:01 -		07:40
37	Lisa Freestone	00:07:43	00:08:26	00:08:53	07:43
38	Odette Foxall	00:07:45	00:08:31	00:08:28	07:45
39	Louise Berry	00:07:54	00:08:20	00:08:17	07:54
41	Amy Clark	00:08:03	00:08:22 ?		08:03
42	Julie Hudson	00:08:11	00:09:29	00:09:30	08:11
43	Kelly Bennett	00:08:17 ?		00:08:51	08:17
44	Jacqui Campbell	00:08:20	00:09:17	00:09:25	08:20
45	Vanessa Stokes	00:08:22	00:08:34	00:08:40	08:22
46	Jemma Mason	00:08:25	00:09:34	00:09:22	08:25
47	Erica Fisher	00:08:31	00:08:37	00:08:40	08:31
48	Natalie Jones	00:08:31	00:08:34	00:08:40	08:31
49	Liz Aston-Mansfield	00:08:38	00:08:55	00:09:35	08:38