

HINCKLEY CLUB RUNNING



5 KILOMETRE TIME TRIAL - MEMBERS

No	Name	28/09/10	07/06/11	27/09/11	29/05/12	25/09/12	21/05/13	24/09/13	Best	MPM
1	Chris Limmer	19:52	19:44	18:48	18:01	17:29		17:05	17:05	0.00
2	Chris Langham				18:37	18:19	18:18	18:12	18:12	0.00
3	Emma Lambert	21:42	20:56					18:46	18:46	0.00
4	Kevin Higham							19:09	19:09	0.00
5	Ben Masser				20:21	21:02	19:11	19:54	19:11	0.00
6	Rob Pratt			20:29	20:21	20:42		20:08	20:08	0.00
7	Lee Randall							20:46	20:46	0.00
8	Ali Higgins						20:28	20:59	20:28	0.00
9	Ed Briggs						22:33	21:16	21:16	0.00
10	Ed Nixon				22:51	23:19	23:23	21:39	21:39	0.00
11	Simon Cooke			20:45		21:32	22:52	22:03	20:45	0.00
12	Steve Penny							22:12	22:12	0.00
13	Alex Abell					21:53	21:39	22:18	21:39	0.00
14	Katy Grainger							22:54	22:54	0.00
15	Richard Alexander					27:17	23:06	23:11	23:06	0.00
16	Elaine Doran							23:12	22:59	0.00
17	Helen Wilebore							23:16	23:16	0.00
18	Lisa Flook							24:24	24:24	0.00
19	Rachel Southworth				28:53	27:36		25:54	25:54	0.00
20	Lisa Freestone							25:56	25:56	0.00
21	Adi Cormicle							26:06	26:06	0.00
22	Odette Foxall							26:06	26:06	0.00
23	Jenny Green		26:08	23:34			25:08	27:24	23:34	0.00
24	Amy Clark						28:13	28:05	28:05	0.00
25	Vanessa Stokes						30:20	28:08	28:08	0.00
26	Erica Fisher						28:02	30:35	27:40	0.00