

ROADHOGGS LEICESTER A.C.

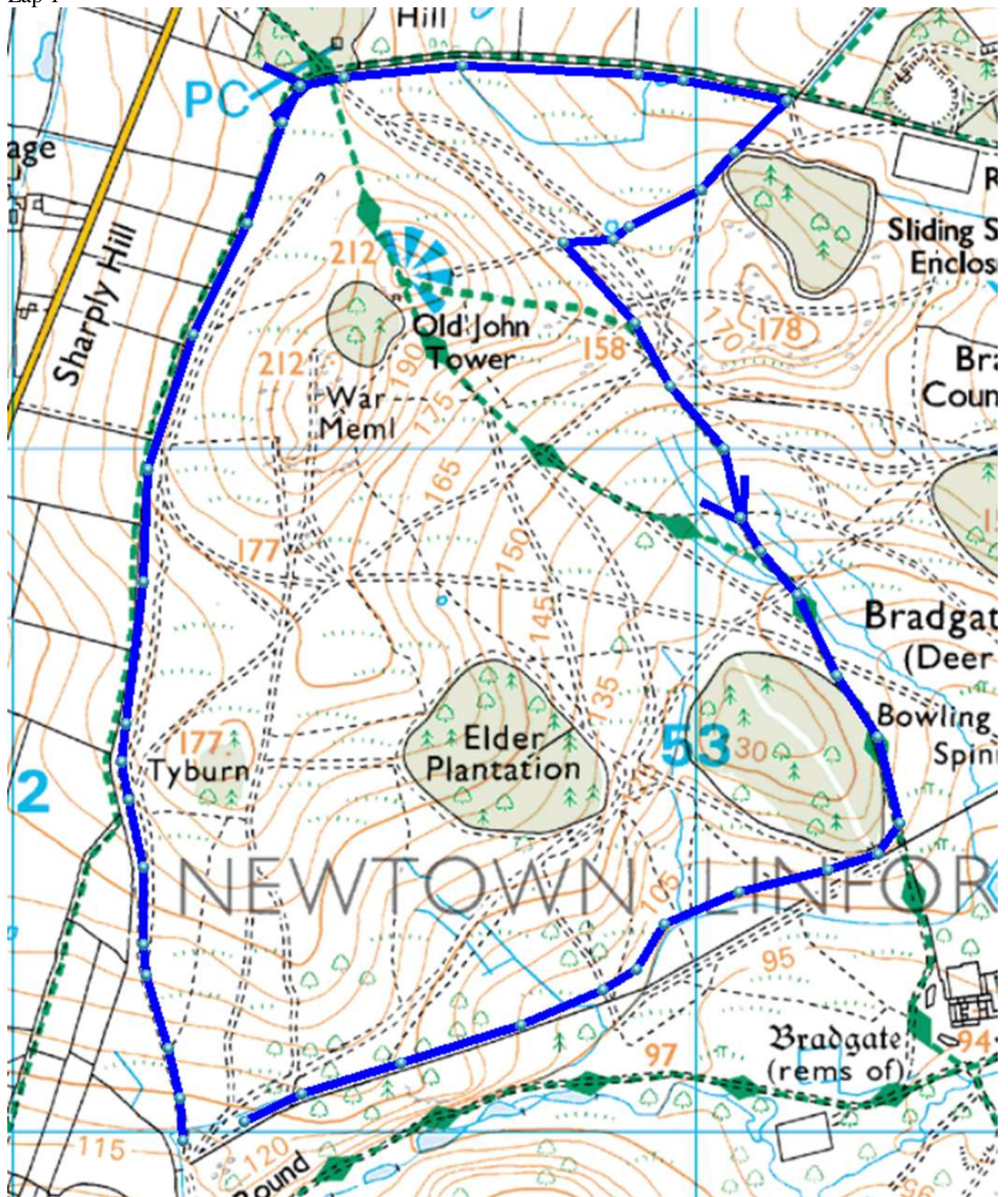


Established 10/08/84, affiliated UKA, MCAA, LRRL, DRL.

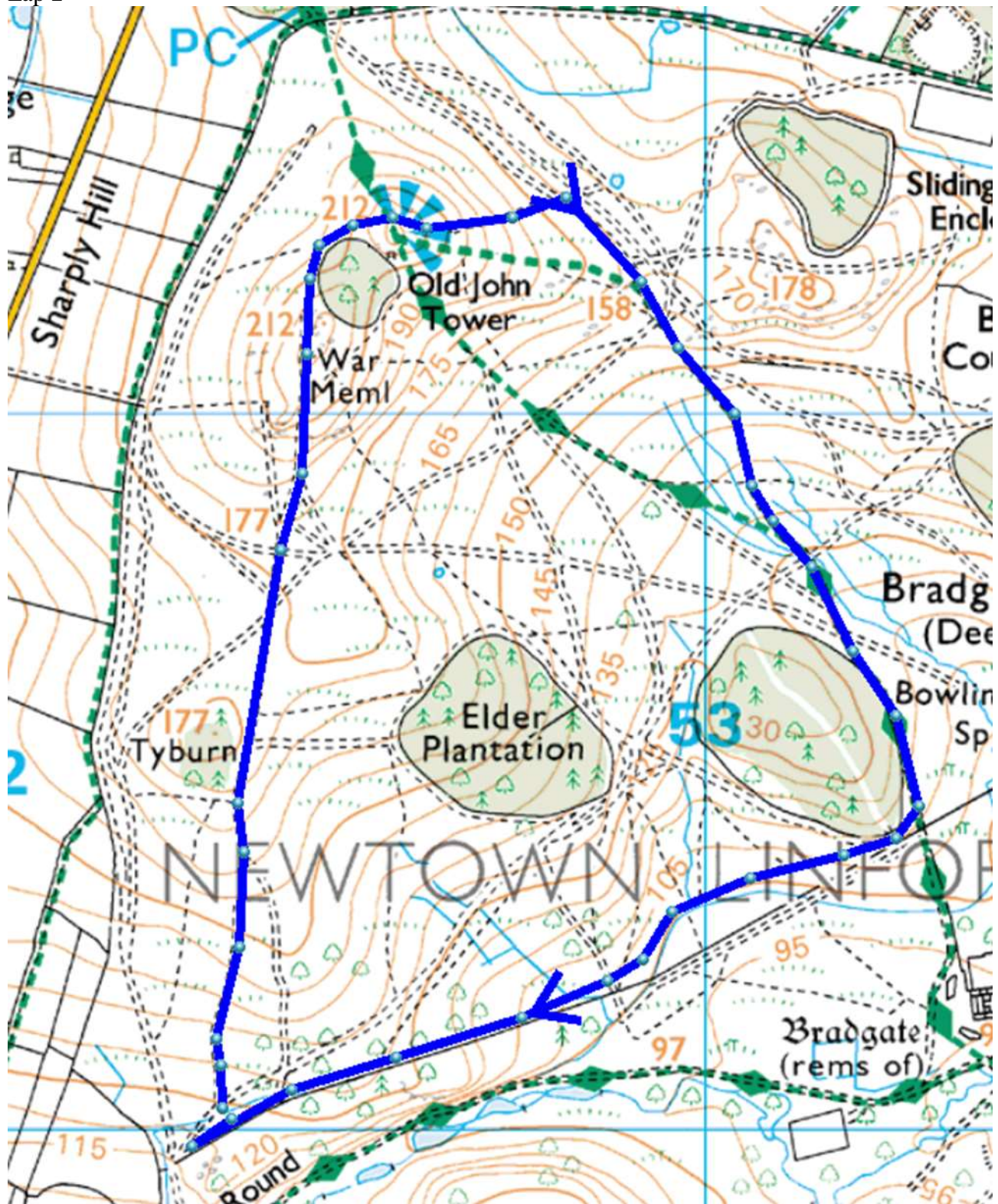
DERBY RUNNER CROSS-COUNTRY LEAGUE 2014/15
RACE 4, BRADGATE PARK, 18/01/2015
UKA PERMIT APPLIED FOR

DATE/TIME	Sunday 18 th January 2015. Races start 1030 (juniors), 1055 (men) and 1105 (ladies).
VENUE	Bradgate Park, Newtown Linford, Leicestershire.
ENTRY FEE	£4 per runner, including £1 to cover parking and the use of Bradgate Park.
DIRECTIONS	Newtown Linford is north-west of Leicester, between Anstey and Markfield. Postcode for satnavs: LE6 0HB
PARKING	Use Bradgate Park overflow car park, as directed by marshals. Tents may be pitched alongside. It is a short walk to the start of the race, through the pedestrian gate left of the main gate. Parking is at your own risk. Please do not park in Newtown Linford village. Please do not leave any litter in the car parks.
CHANGING	There are no changing facilities . There are public toilets in the car park.
COURSE DETAILS	See maps. The course consists of 2 laps totalling 5.4 miles. The second lap is shorter than the first. The course is hilly, and some sections are uneven, rocky underfoot, or have tree roots on the surface. Please take care and obey marshal's instructions around the course. You participate in this race at your own risk. This is a country park, please do not leave any litter anywhere.
FOOTWEAR	Spikes or studs may be worn.
JUNIOR COURSE	1 or 2 laps of approx. 0.8 miles, hilly.
POST RACE	Social and presentation will be in The Crown Inn, Bradgate Road, Anstey. (LE7 7FB: left out of race car park, 1.5 miles on the right). NO MUDDY KIT OR SHOES TO BE TAKEN INTO THE PUB.
INFORMATION	Kim Richardson, Roadhogs Phone: 0116 280 7243 (office) 07899 668 034 (mobile) Email: kim.richardson@aon.co.uk

Lap 1



Lap 2



Kids' Course

