

1. The Club shall be named HINCKLEY RUNNING CLUB.
2. The Club colours shall be:-
Vest - Blue with one white diagonal stripe.
3. That the object of the Club should be the provision of Amateur Athletics under the Laws of a UK Governing Body.
4. All members of the Club must be amateurs as currently defined in a UK Governing Body Rule Book and be affiliated to Road Running and Cross-Country.
5. The affairs of the Club shall be managed by a Committee comprising of President, Chairman, Vice-Chairman, Honorary Secretary, Honorary Treasurer and any such other Officers as the Annual General Meeting shall deem necessary to run the Club's affairs. The members of the Committee shall be appointed at the Annual General Meeting and shall hold office until the following Annual General Meeting with the exception of the President, who shall hold office until voluntarily retiring from the position. The Committee shall have the power during the course of the year to fill any vacancy occurring and also co-opt such other members as it thinks fit, either for the duration of the year or for specific meetings or events.
6. The Annual General Meeting shall be held in October/November in each year. A General Meeting may be held at any time at the instigation of the Committee or on the request of any three members of the Club. At least 14 days notice of a General Meeting shall be given to all members. Advertisement of the meeting at the Club's headquarters for 14 days shall be deemed to be good notice.
7. No Committee Meeting or General Meeting shall take place without a quorum being present: a quorum being four Officers for a Committee Meeting and six Officers for a General Meeting.
8. At meetings of the Committee and at General Meetings, all motions shall be carried if voted for by a simple majority of those present and voting. Each member present at the meeting shall be entitled to one vote, save the Chairman (or acting Chairman) of any meeting, who shall not be entitled to vote unless an equal number of votes has been cast for and against a motion. In this case the Chairman (or acting Chairman) shall have a casting vote.
9. The Honorary Treasurer shall receive all monies due to the Club and shall submit an audited Balance Sheet to the Annual General Meeting. An Auditor for the forthcoming year shall be appointed at the Annual General Meeting. All cheques must be signed by the Treasurer and counter-signed by either the Chairman or the Honorary Secretary. BACS payments may be approved by the Treasurer only.
10.
 - a) Each member (other than Life Members) shall pay the Annual subscription which shall be renewable on the 1st January in each year. Subscriptions shall be reviewed annually at the AGM. Payment of subscriptions to be received by 1st February for members to continue to benefit from the Club facilities – i.e. training, racing and social media.
 - b) The Chairman, Secretary and Treasurer shall have free membership to HRC whilst holding office. The Committee will have the discretion throughout the year to award free membership to deserving officers of the Club.
11. Any complaint or difference must be passed on to the Committee through any elected Committee Member. Notice of proposed Committee Meetings shall be displayed in the Club premises for at least 14 days prior to the meeting.
12. Life membership may be granted to any individual who, in the Committees' opinion has made significant contributions to the Club. A Life Member shall not be required to pay an annual subscription
13. Each prospective new Member shall fill in an 'Application for Membership Form' together with the current annual subscription fee. All applications to be vetted by the Membership Secretary. The non-acceptance of any application must be ratified at the next full Committee Meeting for rejection to be confirmed.
14. No alteration or addition to the Rules may be made except at a General Meeting and details of the proposed alterations shall be contained in the notice convening such a Meeting.
15. Any subject not provided for in the Rules shall be dealt with by the Committee whose decision shall be final.
16. Resignation
A notice of resignation from the Club must be made in writing and shall be considered by the Club within one calendar month of receipt. Membership shall be deemed to have ceased on the actual date of the posting of the Notice of Resignation if the member does not intend to join another club; unless the athlete be financially indebted to the Club, in which case the acceptance shall be withheld until the indebtedness has been met. The date of resignation shall then be the date on which the debt was discharged. Members wishing to join another club, following resignation, must submit a First Claim Form along with their letter of resignation.

17. During all road races and training sessions, a member must observe the recommendations contained within the Highway Code, paying specific attention to wearing bright, reflective clothing and running in the correct direction with respect to on-coming traffic.
It is also recommended that members do not use MP3 players (or similar) and that in all events where the reduced entry fee is obtained, then the Club vest should be worn. (Club vests must be worn in League, County or National races or Championships when representing HRC.)
18. Any members, whose conduct is deemed to be incompatible with continued membership of the Club, shall, subject to a majority in favour of expulsion of two thirds of the Committee Members present at a Committee Meeting called to discuss the matter, be expelled from membership of the Club forthwith. The member should be entitled to attend at and address such Committee Meeting. Any members so expelled may, within 12 months of said expulsion, challenge the decision at a General Meeting of the Club, provided the intention to so challenge has been notified to the Club Secretary in writing at least 21 days prior to the General Meeting.
19. Minimum age for an athlete to train with the senior club, unaccompanied by a responsible adult, is 16 years old. A responsible adult is either a parent, legal guardian or with parent/legal guardians permission any club member, minimum 18 years of age.
20. Prospective new members may train with the club for up to 3 weeks prior to applying for club membership

Issue Two	Amendment to Rule 6	1991 AGM
Issue Three	Deletion of Rule 2 and Name Change	1992 AGM
Issue Four	Amendment to Rule 10, 1 st November deleted. Replaced by 1 st January	EGM 6 th December 1994
Issue Five	Amendments to Rule 3 (Ref B.A.F.), Rule 4 (Ref B.A.F.), Rule 7 (delete members, replace with Officers). Rule 17 (renumbered as 19).	
	Addition of Rule 17 (Resignation) and Rule 18 (Safety)	1997 AGM 26 th October
Issue Six	Amendment to Rule 14 New Rule 19	1999 AGM 31 st October
Issue Seven	Amendments to Rules 3 and 4 – delete ‘B.A.F’ and add ‘UK Athletics’. Rule 6 – after ‘October’ add ‘/November’.	2002 AGM 29 th October
Issue Eight	Amendment to Rule 10 – new part b)	2003 AGM 28 th October
Issue Nine	Amendment to Rule 10 a) delete ‘January’ add ‘November’	2004 AGM 2 nd November
Issue Ten	Amendment to Rule 10 b) delete “Vice-Chairman” add “The Committee will have the discretion throughout the year to award free membership..”	2006 AGM 7 th November
Issue Eleven	Amendment to Rules 3 and 4 – change from “UK Athletics to “a UK Governing Body” Rule 4 – delete M.C.A.A.	2007 AGM 30 th October
Issue Twelve	Rule 10a) Change from November to January each year.	2009 EGM 1 st December
Issue Thirteen	Rule 18 – new 2 nd paragraph	2010 AGM 16 th November
Issue Fourteen	Addition to Rule 10 a) “Payment of subscriptions to be received by 1 st February for members to continue to benefit from the Club facilities – ie training, racing and Club social media.”	2012 AGM 13 th November
Issue Fifteen	New Rule 20	2013 AGM 12 th November
Issue Sixteen	Reference to Red Shorts in rule 2 deleted. Rule 11 deleted (remaining rules renumbered)	2014 AGM 11 th November
Issue Seventeen	Rule 9 updated to make reference to BACS payments. Rule 20 added	2015 AGM 10 th November

Issue Seventeen

Dated: 10th November 2015



John Padbury
Chairman



Paul Clayton
Hon. Secretary