

John Fraser 10 - 2016 Results

John Fraser 10 - 2016 Results										
RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
385	54:38	54:38	05:27.8	03:23.7	1	M	M	CHRIS	JORDAN	LEICESTER CORITANIAN AC
331	54:46	54:45	05:28.6	03:24.2	2	MV40	M	TIM	HARTLEY	BARROW RUNNERS
547	54:53	54:53	05:29.3	03:24.6	3	M	M	MATTHEW	POYNTON	LEICESTER CORITANIAN AC
177	55:20	55:19	05:32.0	03:26.3	4	M	M	GEORGE	BIRT	HERMITAGE HARRIERS
147	55:26	55:26	05:32.6	03:26.7	5	M	M	MATT	ADCOCK	HERMITAGE HARRIERS
699	55:31	55:30	05:33.1	03:27.0	6	M	M	ANTHONY	WOODWARD	HERMITAGE HARRIERS
591	56:17	56:15	05:37.7	03:29.8	7	M	M	RICHARD	SIMKISS	MCCARKISS ENDURANCE PROJECT
163	56:35	56:35	05:39.5	03:31.0	8	M	M	JASON	BARTON	STILTON STRIDERS
455	56:57	56:56	05:41.7	03:32.3	9	MV40	M	GAVIN	MCDERMOTT	HERMITAGE HARRIERS
401	57:14	57:13	05:43.4	03:33.4	10	M	M	SAM	KYTE	TEAM ANSTEY AMBLERS AND RUNNERS
459	58:10	58:10	05:49.0	03:36.9	11	M	M	CHRIS	MCMILLAN	OWLS AC
275	58:15	58:14	05:49.5	03:37.2	12	M	M	PAUL	FEATHERSTONE	HUNCOTE HARRIERS
176	58:16	58:15	05:49.6	03:37.2	13	M	M	SIMON	BIRCH	HINCKLEY RUNNING CLUB
565	58:48	58:47	05:52.8	03:39.2	14	MV40	M	LUDOVIC	RENOU	LEICESTER CORITANIAN AC
412	58:50	58:49	05:53.0	03:39.3	15	M	M	DANIEL	LEAKE	TEAM ANSTEY AMBLERS AND RUNNERS
338	59:23	59:21	05:56.3	03:41.4	16	M	M	JOE	HENSON	HERMITAGE HARRIERS
629	59:44	59:42	05:58.4	03:42.7	17	M	M	DAMIEN	TAYLOR	BADGERS
478	59:46	59:44	05:58.6	03:42.8	18	MV40	M	IAN	MURDEY	BEAUMONT RUNNING CLUB
592	59:48	59:46	05:58.8	03:42.9	19	M	M	DOMINIC	MOSZKAL	BOURNE TOWN HARRIERS
276	59:51	59:51	05:59.1	03:43.1	20	M	M	SIMON	FELL	STAMFORD STRIDERS
170	60:00	60:00	06:00.0	03:43.7	21	M	M	RYAN	BENNETT	BADGERS
421	60:17	60:14	06:01.7	03:44.7	22	M	M	CHRISTOPHER	LIMMER	HINCKLEY RUNNING CLUB
72	60:23	60:22	06:02.3	03:45.1	23	M	M	ASH	PAYNE	DESFORD STRIDERS
126	60:45	60:44	06:04.5	03:46.5	24	MV40	M	MARTIN	HULBERT	WIGSTON PHOENIX RC
485	60:51	60:48	06:05.1	03:46.9	25	MV40	M	BRUNO	NIKOLOFF	WREAKE RUNNERS
368	61:01	60:59	06:06.1	03:47.5	26	M	M	DAVID	JACKSON	BADGERS
474	61:10	61:10	06:07.0	03:48.0	27	MV40	M	JIM	MORRIS	STAMFORD STRIDERS
666	61:13	61:11	06:07.3	03:48.2	28	M	M	DANNY	WARREN	BADGERS
692	61:15	61:13	06:07.5	03:48.4	29	M	M	JAMES	WILLOUGHBY	HERMITAGE HARRIERS
231	61:17	61:11	06:07.7	03:48.5	30	M	M	TOM	CORBY	OWLS AC
517	61:22	61:21	06:08.2	03:48.8	31	MV40	M	DAVID	PEARCE	LEICESTER CORITANIAN AC
397	61:26	61:22	06:08.6	03:49.0	32	M	M	MATTHEW	KNIGHT	HINCKLEY RUNNING CLUB
234	61:33	61:30	06:09.3	03:49.5	33	MV40	M	SHAUN	COULTON	HERMITAGE HARRIERS
437	61:36	61:33	06:09.6	03:49.7	34	MV40	M	MARTIN	MAKIN	CHARWOOD AC
536	61:39	61:35	06:09.9	03:49.8	35	M	M	SAM	POLE	FLECKNEY & KIBWORTH ATHLETICS CLUB
351	61:44	61:43	06:10.4	03:50.2	36	F	F	ANNE	HOLYLAND	WREAKE RUNNERS
656	61:59	61:58	06:11.9	03:51.1	37	M	M	RYAN	TWIGG	HERMITAGE HARRIERS
324	62:03	62:00	06:12.3	03:51.3	38	M	M	FRASER	HARRIS	HERMITAGE HARRIERS
186	62:07	62:05	06:12.7	03:51.6	39	MV40	M	KRISTIAN	BRAVIN	HERMITAGE HARRIERS
687	62:21	62:20	06:14.1	03:52.5	40	M	M	KARL	WILKINS	BEAUMONT RUNNING CLUB
498	62:25	62:25	06:14.5	03:52.7	41	F	F	NICKI	OTTLEY DE LA SALL	NOTTS AC
451	62:26	62:23	06:14.6	03:52.8	42	M	M	SIMON	MAYES	WEST END RUNNERS
218	62:26	62:22	06:14.6	03:52.8	43	MV40	M	PHIL	CHRITCHLOW	BEAUMONT RUNNING CLUB
389	62:26	62:24	06:14.6	03:52.8	44	M	M	MARK	KENDRICK	HERMITAGE HARRIERS
378	62:36	62:33	06:15.6	03:53.4	45	M	M	MATT	JOHNSON	HINCKLEY RUNNING CLUB
135	62:38	62:36	06:15.8	03:53.5	46	MV40	M	ROBERT	PULLEN	WIGSTON PHOENIX RC
345	63:17	63:14	06:19.7	03:55.9	47	MV40	M	CRAIG	HINDS	IVANHOE RUNNERS
399	63:22	63:16	06:20.2	03:56.2	48	M	M	ROHAN	KUMAR	TEAM ANSTEY AMBLERS AND RUNNERS
678	63:26	63:25	06:20.6	03:56.5	49	MV40	M	RICHARD	WHITELEGG	LEICESTER CORITANIAN AC
12	63:29	63:26	06:20.9	03:56.7	50	M	M	PAUL	GOWDRIDGE	BIRSTALL RC
256	63:31	63:26	06:21.1	03:56.8	51	M	M	LEE	DAWSON	POPLAR RUNNING CLUB
46	63:42	63:37	06:22.2	03:57.5	52	MV40	M	RICHARD	BILLINGTON	DESFORD STRIDERS
556	63:53	63:50	06:23.3	03:58.2	53	M	M	MARK	RAMSDEN	ROADHOGGS LEICESTER AC
305	63:56	63:54	06:23.6	03:58.4	54	F	F	TORI	GREEN	RUGBY & NORTHAMPTON AC
125	64:01	63:44	06:24.1	03:58.7	55	M	M	CHRISTOPHER	HILL	WIGSTON PHOENIX RC
267	64:03	63:59	06:24.3	03:58.8	56	M	M	LUKE	EGGLESTON	STILTON STRIDERS
203	64:06	64:01	06:24.6	03:59.0	57	MV40	M	MARTIN	BUTTON	POPLAR RUNNING CLUB
187	64:09	64:05	06:24.9	03:59.2	58	M	M	JAMES	BREWSTER	TEAM ANSTEY AMBLERS AND RUNNERS
80	64:21	64:14	06:26.1	03:59.9	59	M	M	DAVID	SEARLE	DESFORD STRIDERS
644	64:29	64:25	06:26.9	04:00.4	60	M	M	JASON	TOMKINS	HUNCOTE HARRIERS
414	64:39	64:36	06:27.9	04:01.0	61	M	M	TOM	LEE	BEAUMONT RUNNING CLUB
402	64:49	64:46	06:28.9	04:01.7	62	M	M	MARK	LAMBELL	WEST END RUNNERS
590	64:51	64:49	06:29.1	04:01.8	63	M	M	RAMZI	SIDANI	IVANHOE RUNNERS
200	65:04	00:00	06:30.4	04:02.6	64	M	M	DANIEL	BUTCHER	BARROW RUNNERS
102	65:07	65:04	06:30.7	04:02.8	65	MV40	M	ADRIAN	JUDGE	WEST END RUNNERS
155	65:10	65:09	06:31.0	04:03.0	66	M	M	PETER	ARMSTRONG	HERMITAGE HARRIERS
293	65:13	65:08	06:31.3	04:03.1	67	M	M	ANDY	GIBIINO	POPLAR RUNNING CLUB
152	65:18	65:18	06:31.8	04:03.5	68	M	M	SIMON	ALLEN	OWLS AC
392	65:20	65:13	06:32.0	04:03.6	69	MV40	M	JAMES	KETTERINGHAM	WREAKE RUNNERS
354	65:31	65:30	06:33.1	04:04.3	70	MV40	M	CHRIS	HORTON	BADGERS
347	65:32	65:28	06:33.2	04:04.3	71	F	F	NICOLA	HOLMES	POPLAR RUNNING CLUB
642	65:40	65:36	06:34.0	04:04.8	72	MV40	M	ALEX	TOLL	BARROW RUNNERS
406	65:43	65:39	06:34.3	04:05.0	73	MV40	M	CHRIS	LANGHAM	HINCKLEY RUNNING CLUB
254	65:47	65:46	06:34.7	04:05.3	74	FV40	F	SARAH	DAVIS-FOXON	NORTHAMPTON ROAD RUNNERS
589	65:50	65:48	06:35.0	04:05.4	75	MV40	M	STUART	SHAW	STILTON STRIDERS
438	65:59	65:55	06:35.9	04:06.0	76	F	F	JOANNA	MALE	WEST END RUNNERS
284	66:00	65:53	06:36.0	04:06.1	77	M	M	MATTHEW	FRANKLIN	WREAKE RUNNERS
298	66:06	66:04	06:36.6	04:06.4	78	MV40	M	SHANE	GODRICH	WREAKE RUNNERS
269	66:27	66:22	06:38.7	04:07.7	79	M	M	PHILIP	ELLIOTT	POPLAR RUNNING CLUB
158	66:33	66:30	06:39.3	04:08.1	80	F	F	MARIE	ATTERBURY	TEAM ANSTEY AMBLERS AND RUNNERS
296	66:38	66:34	06:39.8	04:08.4	81	MV40	M	DARREN	GLOVER	STILTON STRIDERS
672	66:40	66:38	06:40.0	04:08.5	82	MV40	M	MATTHEW	WEST	SHELTON STRIDERS
604	66:41	66:36	06:40.1	04:08.6	83	MV40	M	STEPHEN	SNOW	HUNCOTE HARRIERS
205	67:11	67:05	06:43.1	04:10.5	84	F	F	CHARLIE	AUSTIN	WIGSTON PHOENIX RC
683	67:12	67:09	06:43.2	04:10.5	85	MV40	M	TIMOTHY	WIGLEY	BOURNE TOWN HARRIERS
374	67:21	67:17	06:44.1	04:11.1	86	M	M	ROBERT	JINKS	BEAUMONT RUNNING CLUB
408	67:27	67:20	06:44.7	04:11.5	87	M	M	JOE	LANGHAM	HINCKLEY RUNNING CLUB
188	67:33	67:32	06:45.3	04:11.8	88	M	M	GLYN	BROADHURST	BADGERS

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
648	67:51	67:46	06:47.1	04:13.0	89	M	M	CHRIS	TRINDER	BARROW RUNNERS
116	67:55	67:52	06:47.5	04:13.2	90	MV40	M	COLIN	BAXTER	WIGSTON PHOENIX RC
342	67:58		06:47.8	04:13.4	91	M	M	KEVIN	HIGHAM	HINCKLEY RUNNING CLUB
78	68:02	67:46	06:48.2	04:13.6	92	MV40	M	STUART	RICHARDSON	DESFORD STRIDERS
405	68:09	68:03	06:48.9	04:14.1	93	MV40	M	MARK	LANGDALE	WEST END RUNNERS
579	68:11	68:09	06:49.1	04:14.2	94	MV40	M	NICK	ROWLES	IVANHOE RUNNERS
64	68:19	68:14	06:49.9	04:14.7	95	F	F	EMMA	MARVIN	DESFORD STRIDERS
132	68:28	68:27	06:50.8	04:15.3	96	M	M	ROB	NURSE	WIGSTON PHOENIX RC
484	68:30	68:22	06:51.0	04:15.4	97	MV40	M	PAUL	NICHOLSON	HUNCOTE HARRIERS
308	68:38	68:30	06:51.8	04:15.9	98	MV40	M	BRUCE	GRIMLEY	HUNTINGDONSHIRE AC
491	68:44	68:39	06:52.4	04:16.3	99	M	M	MATT	NURSE	TEAM ANSTEY AMBLERS AND RUNNERS
290	68:46	68:27	06:52.6	04:16.4	100	M	M	CHRISTIAN	GAMBLE	HUNCOTE HARRIERS
359	68:49	00:00	06:52.9	04:16.6	101	M	M	ROY	HOBSON	SHELTON STRIDERS
458	68:51	68:38	06:53.1	04:16.7	102	M	M	DANIEL	MCLAUGHLIN	BEAUMONT RUNNING CLUB
436	68:53	68:48	06:53.3	04:16.8	103	MV40	M	ANTHONY	MADGE	GRANTHAM AC
657	68:59	68:53	06:53.9	04:17.2	104	M	M	ROSS	TYRRELL	BEAUMONT RUNNING CLUB
584	69:01	68:54	06:54.1	04:17.3	105	MV40	M	STEVE	SAYERS	BEAUMONT RUNNING CLUB
553	69:01	68:59	06:54.1	04:17.3	106	MV40	M	JOHN	QUEENAN	ILKESTON RUNNING CLUB
577	69:02	68:58	06:54.2	04:17.4	107	MV40	M	RAYMOND	ROBINSON	BEAUMONT RUNNING CLUB
635	69:04	68:51	06:54.4	04:17.5	108	MV40	M	ALAN	THOMPSON	STILTON STRIDERS
43	69:14	69:09	06:55.4	04:18.1	109	MV40	M	ANDREW	BALL	DESFORD STRIDERS
106	69:15	69:11	06:55.5	04:18.2	110	M	M	TOM	MARTIN	WEST END RUNNERS
632	69:15	69:08	06:55.5	04:18.2	111	F	F	NATALIE	TEECE	STILTON STRIDERS
145	69:16	68:57	06:55.6	04:18.2	112	M	M	NICKY	WHITEHEAD	WIGSTON PHOENIX RC
114	69:18	69:06	06:55.8	04:18.4	113	MV40	M	CRAIG	BAKER	WIGSTON PHOENIX RC
583	69:18	69:13	06:55.8	04:18.4	114	MV40	M	DAVID	SAUNDERS	LEICESTER CORITANIAN AC
278	69:19	69:12	06:55.9	04:18.4	115	M	M	DUNCAN	FOLEY	HUNCOTE HARRIERS
28	69:24	69:09	06:56.4	04:18.7	116	M	M	JAY	SNUTCH	BIRSTALL RC
287	69:28	69:20	06:56.8	04:19.0	117	MV40	M	MARK	FROST	HERMITAGE HARRIERS
197	69:36	69:29	06:57.5	04:19.5	118	MV40	M	MARTIN	BURDER	TEAM ANSTEY AMBLERS AND RUNNERS
360	69:36	69:28	06:57.6	04:19.5	119	M	M	DARRYL	HUGHES	POPLAR RUNNING CLUB
544	69:45	69:34	06:58.5	04:20.0	120	MV40	M	HUGH	POTTER	HUNCOTE HARRIERS
395	69:53	69:42	06:59.3	04:20.5	121	MV40	M	DANIEL	KING	TEAM ANSTEY AMBLERS AND RUNNERS
168	69:54	69:41	06:59.4	04:20.6	122	MV40	M	ROB	BEERS	STILTON STRIDERS
138	70:03	69:53	07:00.3	04:21.2	123	M	M	MATT	ROWLAND	WIGSTON PHOENIX RC
609	70:05	70:01	07:00.5	04:21.3	124	FV40	F	JOANNE	SPENCER	CHARWOOD AC
318	70:12	69:53	07:01.2	04:21.7	125	M	M	MATTHEW	LESTER	HUNCOTE HARRIERS
595	70:15	70:13	07:01.5	04:21.9	126	MV40	M	GRAEME	SLIGHT	HUNCOTE HARRIERS
174	70:17	70:10	07:01.7	04:22.0	127	MV40	M	RICHARD	BETTSWORTH	WREAKE RUNNERS
505	70:21	70:14	07:02.1	04:22.3	128	MV40	M	IAN	PARKER	BEAUMONT RUNNING CLUB
422	70:33	70:25	07:03.3	04:23.0	129	MV40	M	ANDY	LINDLEY	IVANHOE RUNNERS
518	70:34	70:32	07:03.4	04:23.1	130	MV40	M	ANDREW	PEARSON	WEST END RUNNERS
134	70:37	70:35	07:03.7	04:23.3	131	M	M	SHAUN	HILL	BOURNE TOWN HARRIERS
230	70:42	70:33	07:04.2	04:23.6	132	MV40	M	ANDY	COOPER	TEAM ANSTEY AMBLERS AND RUNNERS
616	70:45		07:04.5	04:23.8	133	M	M	JONATHAN	STRONG	HINCKLEY RUNNING CLUB
241	70:50	70:21	07:05.0	04:24.1	134	MV40	M	GARETH	COYLE	BEAUMONT RUNNING CLUB
634	71:02	70:56	07:06.2	04:24.8	135	MV40	M	BRIAN	THOMAS	SHELTON STRIDERS
182	71:07	70:55	07:06.7	04:25.1	136	M	M	LLOYD	BOWLER	BARROW RUNNERS
560	71:10	71:02	07:07.0	04:25.3	137	MV40	M	WILL	RAVENHILL	HUNCOTE HARRIERS
122	71:13	71:00	07:07.3	04:25.5	138	MV40	M	ROB	GREGORY	WIGSTON PHOENIX RC
701	71:17		07:07.7	04:25.8	139	MV40	M	CLIVE	JONES	WIGSTON PHOENIX RC
602	71:19	71:14	07:07.9	04:25.9	140	MV40	M	NIGEL	SMITH	POPLAR RUNNING CLUB
600	71:20	71:11	07:08.0	04:25.9	141	M	M	IAN	SMITH	unattached
109	71:20	71:16	07:08.0	04:25.9	142	MV40	M	ALAN	SLATER	WEST END RUNNERS
686	71:23	71:01	07:08.3	04:26.1	143	MV40	M	ADRIAN	ROBERTSON	unattached
219	71:26	71:18	07:08.6	04:26.3	144	M	M	SAM	CLARKE	TEAM ANSTEY AMBLERS AND RUNNERS
639	71:30	71:28	07:09.0	04:26.6	145	M	M	JAMES	THURMAN	ROADHOGGS LEICESTER AC
387	71:32	71:22	07:09.2	04:26.7	146	MV40	M	RICHARD	KEEP	BARROW RUNNERS
71	71:36	71:19	07:09.6	04:26.9	147	M	M	DANIEL	O'HARA	DESFORD STRIDERS
601	71:37	71:23	07:09.7	04:27.0	148	M	M	LUKE	SMITH	WREAKE RUNNERS
344	71:41	71:27	07:10.1	04:27.3	149	MV40	M	IAN	HILLIER	WREAKE RUNNERS
476	71:41	71:36	07:10.1	04:27.3	150	M	M	TOM	MUDDIMER	WIGSTON PHOENIX RC
154	71:49	71:39	07:10.9	04:27.7	151	F	F	ELLIE	ARMSTRONG	IVANHOE ROBINS JUNIOR ATHLETICS CLUB
133	71:52	71:33	07:11.2	04:27.9	152	MV40	M	KEITH	PALMER	WIGSTON PHOENIX RC
50	71:54	71:43	07:11.4	04:28.1	153	MV40	M	MATT	CURTIS	DESFORD STRIDERS
273	71:59	71:55	07:11.9	04:28.4	154	F	F	KATHRYN	EVANS	HUNCOTE HARRIERS
260	72:02	71:53	07:12.2	04:28.6	155	MV40	M	JAMES	DEWIS	BADGERS
661	72:16	72:02	07:13.6	04:29.4	156	MV40	M	KEVIN	WAITE	BEAUMONT RUNNING CLUB
390	72:22	72:09	07:14.2	04:29.8	157	M	M	CLIVE	KENT	STILTON STRIDERS
483	72:25	72:15	07:14.5	04:30.0	158	MV40	M	ANDY	NICHOLLS	STILTON STRIDERS
67	72:27	72:17	07:14.7	04:30.1	159	MV40	M	CHRIS	MINTO	DESFORD STRIDERS
93	72:30	72:19	07:15.0	04:30.3	160	F	F	LAUREN	ELMORE	WEST END RUNNERS
630	72:30	72:14	07:15.0	04:30.3	161	MV40	M	JOHN	TAYLOR	ROLLS ROYCE HARRIERS
690	72:33	72:22	07:15.3	04:30.5	162	MV40	M	BRIAN	WILLIAMS	TEAM ANSTEY AMBLERS AND RUNNERS
472	72:33	72:19	07:15.3	04:30.5	163	M	M	NICK	MOORE	HINCKLEY RUNNING CLUB
61	72:36	72:27	07:15.6	04:30.7	164	M	M	DOMINIC	LANE	DESFORD STRIDERS
426	72:36	72:18	07:15.6	04:30.7	165	MV40	M	DAVE	LODWICK	ROADHOGGS LEICESTER AC
435	72:37	72:34	07:15.7	04:30.7	166	MV40	M	STUART	MADELEY	unattached
507	72:42	72:33	07:16.2	04:31.0	167	F	F	SARAH	PARKER	TEAM ANSTEY AMBLERS AND RUNNERS
319	72:42	72:33	07:16.2	04:31.0	168	MV40	M	PHILIP	HALSE	TEAM ANSTEY AMBLERS AND RUNNERS
250	72:44	72:38	07:16.4	04:31.2	169	F	F	KIRSTY	DALE	POPLAR RUNNING CLUB
467	72:47	72:45	07:16.7	04:31.4	170	M	M	BEN	MILSOM	ROADHOGGS LEICESTER AC
357	72:49	72:28	07:16.9	04:31.5	171	MV40	M	IAN	HOWE	STILTON STRIDERS
443	72:54	72:46	07:17.4	04:31.8	172	M	M	BEN	MASSEY	HINCKLEY RUNNING CLUB
477	72:54	72:47	07:17.4	04:31.8	173	MV40	M	GARY	MUNSEY	WEST END RUNNERS
9	72:57	72:37	07:17.7	04:32.0	174	F	F	KATIE	COOPER	BIRSTALL RC
239	73:00	72:52	07:18.0	04:32.2	175	M	M	MARK	COX	HINCKLEY RUNNING CLUB
238	73:05	72:52	07:18.5	04:32.5	176	M	M	JAMES	COX	IVANHOE RUNNERS
22	73:12	72:51	07:19.2	04:32.9	177	MV40	M	JOHN	MCDALD	BIRSTALL RC
113	73:16	73:01	07:19.6	04:33.2	178	MV40	M	NIGEL	AYRES	WIGSTON PHOENIX RC

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
527	73:18	73:07	07:19.8	04:33.3	179	M	M	BEN	PICKARD	STILTON STRIDERS
123	73:22	73:10	07:20.2	04:33.5	180	M	M	KEITH	YENDALL	BARROW RUNNERS
328	73:25	73:02	07:20.5	04:33.7	181	M	M	DAVE	HARRY	unattached
209	73:28	73:24	07:20.8	04:33.9	182	M	M	STUART	CARSS	POPLAR RUNNING CLUB
495	73:29	73:22	07:20.9	04:34.0	183	MV40	M	JAMES	O'DOWD	HUNCOTE HARRIERS
355	73:32	73:17	07:21.2	04:34.1	184	M	M	ALISTAIR	HOWARD	WREAKE RUNNERS
326	73:33	73:29	07:21.3	04:34.2	185	MV40	M	MALCOLM	HARRIS	BARROW RUNNERS
523	73:36	73:28	07:21.6	04:34.4	186	MV40	M	MARK	PERRY	HERMITAGE HARRIERS
372	73:40	73:32	07:22.0	04:34.6	187	MV40	M	DALE	JENKINS	ROADHOGGS LEICESTER AC
131	73:51	73:39	07:23.1	04:35.3	188	M	M	LUKE	NEALE	WIGSTON PHOENIX RC
156	73:53	73:36	07:23.3	04:35.5	189	M	M	JOHN	ASHBY	BARROW RUNNERS
286	73:56	73:51	07:23.6	04:35.6	190	MV40	M	CRAIG	FREE	unattached
594	73:57	73:54	07:23.7	04:35.7	191	M	M	GURMIT	SINGH	ROADHOGGS LEICESTER AC
506	73:57	73:38	07:23.7	04:35.7	192	M	M	JOE	PARKER	unattached
108	74:01	73:47	07:24.1	04:36.0	193	FV40	F	KATHY	ROLINGTON	WEST END RUNNERS
680	74:07	73:49	07:24.7	04:36.3	194	MV40	M	MARK	WHITMORE	CHARNWOOD AC
340	74:12	74:04	07:25.2	04:36.6	195	MV40	M	BARRY	HIBBERD	HUNCOTE HARRIERS
502	74:13	74:04	07:25.3	04:36.7	196	F	F	BETHAN	PADBURY	HINCKLEY RUNNING CLUB
199	74:14	74:05	07:25.4	04:36.8	197	MV40	M	DAVID	BURGESS	WEST END RUNNERS
353	74:16	74:02	07:25.6	04:36.9	198	M	M	PATRICK	HORN	IVANHOE RUNNERS
73	74:19	74:02	07:25.9	04:37.1	199	MV40	M	DUNCAN	PERCY	DESFORD STRIDERS
263	74:19	74:14	07:25.9	04:37.1	200	M	M	MATTHEW	DUMELOW	HERMITAGE HARRIERS
190	74:20	74:11	07:26.0	04:37.1	201	FV40	F	JACKIE	BROWN	ROADHOGGS LEICESTER AC
515	74:21	74:15	07:26.1	04:37.2	202	MV40	M	ADEY	PAYNE	WEST END RUNNERS
193	74:22	74:14	07:26.2	04:37.3	203	MV40	M	DAVE	BULLIVANT	ROADHOGGS LEICESTER AC
139	74:29	74:14	07:26.9	04:37.7	204	M	M	IAN	SHARPE	WIGSTON PHOENIX RC
225	74:29	74:09	07:26.9	04:37.7	205	M	M	ANDREW	COLLINS	POPLAR RUNNING CLUB
181	74:34	74:16	07:27.4	04:38.0	206	M	M	ROBERT	BOLAND	BADGERS
119	74:38	74:25	07:27.8	04:38.3	207	MV40	M	ADAM	DOVEY	WIGSTON PHOENIX RC
15	74:41	74:28	07:28.1	04:38.4	208	MV40	M	STEVE	HICKINGBOTTOM	BIRSTALL RC
471	74:42	74:34	07:28.2	04:38.5	209	M	M	MATTHEW	MOORE	HERMITAGE HARRIERS
31	74:45	74:24	07:28.5	04:38.7	210	M	M	MATTHEW	STURGESS	BIRSTALL RC
462	74:45	74:32	07:28.5	04:38.7	211	MV40	M	MIKE	MCSHARRY	HUNCOTE HARRIERS
541	74:46	74:38	07:28.6	04:38.7	212	MV40	M	ROBERT	POLLARD	HERMITAGE HARRIERS
300	74:49	74:40	07:28.9	04:38.9	213	F	F	REBECCA	GOULD	HINCKLEY RUNNING CLUB
65	74:50	74:34	07:29.0	04:39.0	214	MV40	M	MIKE	MATTHEWS	DESFORD STRIDERS
258	74:51	74:30	07:29.1	04:39.1	215	MV40	M	MARK	DEARY	unattached
349	74:53	74:47	07:29.3	04:39.2	216	F	F	REBECCA	HOLMES	POPLAR RUNNING CLUB
59	74:59	74:49	07:29.9	04:39.6	217	MV40	M	MARK	HODSON	DESFORD STRIDERS
228	75:02	74:44	07:30.2	04:39.7	218	MV40	M	MICHAEL	COOKE	STILTON STRIDERS
164	75:03	00:00	07:30.3	04:39.8	219	MV40	M	STEVE	BATES	unattached
554	75:03	74:45	07:30.3	04:39.8	220	FV40	F	CLAIRE	QUIGLEY	HUNCOTE HARRIERS
302	75:04	75:00	07:30.4	04:39.9	221	M	M	RICHARD	GRAY	STILTON STRIDERS
198	75:04	74:49	07:30.4	04:39.9	222	M	M	ANTHONY	BURFORD	WREAKE RUNNERS
650	75:05	74:50	07:30.5	04:39.9	223	M	M	NEAL	TROTTER	CHICHESTER RUNNERS & AC
280	75:13	75:01	07:31.3	04:40.4	224	FV40	F	CLARE	FOWELL	IVANHOE RUNNERS
373	75:17	75:05	07:31.7	04:40.7	225	MV40	M	ANDREW	JEYES	IVANHOE RUNNERS
446	75:17	74:56	07:31.7	04:40.7	226	MV40	M	GAVIN	MATON	BEAUMONT RUNNING CLUB
317	75:18	75:06	07:31.8	04:40.7	227	FV40	F	VICKIE	HALLAM	WEST END RUNNERS
38	75:19	75:02	07:31.9	04:40.8	228	MV40	M	IAN	WILKINS	BIRSTALL RC
673	75:21	75:03	07:32.1	04:40.9	229	F	F	MIA	WESTON	HERMITAGE HARRIERS
693	75:22	75:13	07:32.2	04:41.0	230	MV40	M	DARREN	WILSON	HERMITAGE HARRIERS
47	75:26	75:15	07:32.6	04:41.2	231	F	F	NICOLA	CLEWS	DESFORD STRIDERS
83	75:36	75:10	07:33.6	04:41.9	232	M	M	RICHARD	VEITCH	DESFORD STRIDERS
333	75:39	75:22	07:33.9	04:42.0	233	FV40	F	KATIE	HATELEY	STILTON STRIDERS
189	75:46	75:29	07:34.6	04:42.5	234	M	M	KEVIN	BROOKS	POPLAR RUNNING CLUB
150	75:47	75:32	07:34.7	04:42.5	235	MV40	M	ANDREW	ALCOCK	WEST END RUNNERS
27	75:59	75:36	07:35.9	04:43.3	236	MV40	M	MARVIN	SMITH	BIRSTALL RC
585	76:01	75:43	07:36.1	04:43.4	237	F	F	ZOE	SEWTER	HERMITAGE HARRIERS
558	76:05	75:56	07:36.5	04:43.7	238	FV40	F	EMMA	RAVEN	ROADHOGGS LEICESTER AC
698	76:06	75:57	07:36.6	04:43.7	239	FV40	F	CHARLOTTE	WOOD	ROADHOGGS LEICESTER AC
682	76:14	76:02	07:37.4	04:44.2	240	F	F	EMILY	WIDEMAN	IVANHOE RUNNERS
410	76:15	75:59	07:37.5	04:44.3	241	M	M	ARTUR	LASINSKI	WREAKE RUNNERS
568	76:15	76:10	07:37.5	04:44.3	242	F	F	MARIE	REYNOLDS	POPLAR RUNNING CLUB
111	76:15	76:02	07:37.5	04:44.3	243	MV40	M	CONRAD	WEBBE	WEST END RUNNERS
277	76:17	75:47	07:37.7	04:44.4	244	M	M	IAN	FISK	BARROW RUNNERS
352	76:24	76:07	07:38.4	04:44.8	245	FV40	F	ESTHER	HOLYOAK	BADGERS
641	76:27	76:16	07:38.7	04:45.0	246	FV40	F	ANNE	TIMLOCK	WREAKE RUNNERS
104	76:27	76:15	07:38.7	04:45.0	247	MV40	M	CLIVE	MASON	WEST END RUNNERS
388	76:28	76:20	07:38.8	04:45.1	248	MV40	M	DEAN	KELLEHER	HERMITAGE HARRIERS
676	76:31	00:00	07:39.1	04:45.3	249	MV40	M	MATTHEW	WHITE	STILTON STRIDERS
582	76:36	76:24	07:39.6	04:45.6	250	MV40	M	MARK	SADLER	BARROW RUNNERS
384	76:39	76:00	07:39.9	04:45.8	251	MV40	M	PAUL	JONES	WEST END RUNNERS
499	76:41	76:19	07:40.1	04:45.9	252	FV40	F	BERNADETTE	OWEN	FLECKNEY & KIBWORTH ATHLETICS CLUB
178	76:49	76:35	07:40.9	04:46.4	253	FV40	F	AGNIESZKA	BIS	BEAUMONT RUNNING CLUB
294	76:53	76:19	07:41.3	04:46.6	254	M	M	BRYAN	SHIPLEY	BEAUMONT RUNNING CLUB
658	76:56	76:42	07:41.6	04:46.8	255	MV40	M	JONATHAN	URE	BEAUMONT RUNNING CLUB
311	76:57	76:25	07:41.7	04:46.9	256	F	F	CELINE	GUERY	HINCKLEY RUNNING CLUB
603	77:00	76:36	07:42.0	04:47.1	257	MV40	M	SMUDGE	SMITH	TEAM ANSTAY AMBLERS AND RUNNERS
58	77:03	76:46	07:42.3	04:47.3	258	MV40	M	GRAHAM	HOBBS	DESFORD STRIDERS
364	77:07	76:35	07:42.7	04:47.5	259	MV40	M	GREG	HUNTER	GARSTANG
282	77:14	76:47	07:43.4	04:47.9	260	M	M	STEVEN	FOXON	HARBOROUGH AC
346	77:18	76:54	07:43.8	04:48.2	261	MV40	M	DES	HOLMES	BEAUMONT RUNNING CLUB
417	77:18	76:57	07:43.8	04:48.2	262	F	F	GEORGIA	LEIGH	TEAM ANSTAY AMBLERS AND RUNNERS
463	77:21	77:14	07:44.1	04:48.4	263	FV40	F	HELEN	MERCER	HUNCOTE HARRIERS
29	77:24	77:12	07:44.4	04:48.6	264	F	F	LISA	SPENCE	BIRSTALL RC
217	77:35	77:26	07:45.5	04:49.2	265	MV40	M	ALAN	CHEVIN	TEAM ANSTAY AMBLERS AND RUNNERS
100	77:39	77:16	07:45.9	04:49.5	266	F	F	CLAIRE	HARRISON	WEST END RUNNERS
403	77:46	77:28	07:46.6	04:49.9	267	FV40	F	PETRINA	LANCASTER	HERMITAGE HARRIERS
396	77:47	77:26	07:46.7	04:50.0	268	M	M	LIAM	KING	BARROW RUNNERS

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
576	77:55		07:47.5	04:50.5	269	MV40	M	DAVID	ROBINSON	HUNCOTE HARRIERS
120	78:01	77:52	07:48.1	04:50.9	270	MV40	M	MARTIN	YEOMANS	IVANHOE RUNNERS
255	78:05	77:53	07:48.5	04:51.1	271	MV40	M	CHRIS	DAWKINS	BARROW RUNNERS
419	78:10	77:52	07:49.0	04:51.4	272	M	M	CASEY	LIMMAGE	POPLAR RUNNING CLUB
314	78:11	77:52	07:49.1	04:51.5	273	M	M	STUART	HALE	HUNCOTE HARRIERS
480	78:18	77:47	07:49.8	04:51.9	274	F	F	LORNA	MUSKETT	FLECKNEY & KIBWORTH ATHLETICS CLUB
175	78:20	77:57	07:50.0	04:52.0	275	F	F	HAYLEY	BIGGS	TEAM ANSTEY AMBLERS AND RUNNERS
548	78:21	77:54	07:50.1	04:52.1	276	MV40	M	GARY	PRICE	SOUTH DERBYSHIRE ROAD RUNNERS
638	78:23	78:09	07:50.3	04:52.2	277	FV40	F	WENDY	THOMPSON	HUNCOTE HARRIERS
627	78:23	78:05	07:50.3	04:52.2	278	M	M	ASHLEY	TAYLOR	BADGERS
110	78:26	78:14	07:50.6	04:52.4	279	MV40	M	DENNIS	THOMPSON	WEST END RUNNERS
386	78:33	78:17	07:51.3	04:52.9	280	MV40	M	MATTHEW	JOYCE	IVANHOE RUNNERS
409	78:37	78:20	07:51.7	04:53.1	281	MV40	M	MARK	LARRATT	unattached
124	78:40	78:10	07:52.0	04:53.3	282	MV40	M	DEAN	HASSALL	WIGSTON PHOENIX RC
605	78:41	78:18	07:52.1	04:53.3	283	MV40	M	DAVID	SNUTCH	BIRSTALL RC
679	78:44	78:18	07:52.4	04:53.5	284	M	M	MARK	WHITFIELD	BEAUMONT RUNNING CLUB
257	78:46	78:33	07:52.6	04:53.7	285	FV40	F	ROSIE	DEAR	IVANHOE RUNNERS
86	78:48	78:24	07:52.8	04:53.8	286	M	M	PETER	ALFANO	WEST END RUNNERS
381	78:49	78:27	07:52.9	04:53.8	287	MV40	M	DAVID	JOHNSTONE	POPLAR RUNNING CLUB
249	78:50	78:39	07:53.0	04:53.9	288	M	M	SIMON	BREED	unattached
383	78:50	78:26	07:53.0	04:53.9	289	M	M	MATTHEW	JONES	unattached
623	78:51	78:14	07:53.1	04:54.0	290	M	M	JACK	SYLVESTER	unattached
365	78:51	78:27	07:53.1	04:54.0	291	MV40	M	STUART	HUNTER	SHEPshed RUNNING CLUB
37	78:53	78:26	07:53.3	04:54.1	292	FV40	F	ELISA	WHITTLESTONE	BIRSTALL RC
646	78:58	78:27	07:53.8	04:54.4	293	FV40	F	TINA	TOSH	HUNCOTE HARRIERS
162	79:01	78:51	07:54.1	04:54.6	294	MV40	M	CLINTON	BARRATT	ROADHOGGS LEICESTER AC
442	79:04	78:45	07:54.4	04:54.8	295	F	F	HANNAH	WHEELER	HERMITAGE HARRIERS
323	79:04	78:40	07:54.4	04:54.8	296	F	F	DEIRDRE	HARRINGTON	WEST END RUNNERS
146	79:07	79:00	07:54.7	04:55.0	297	MV40	M	NEIL	ACKLAND	DESFORD STRIDERS
578	79:09	78:36	07:54.9	04:55.1	298	FV40	F	JUDITH	ROSE	RUGBY & NORTHAMPTON AC
223	79:13	79:02	07:55.3	04:55.3	299	FV40	F	ELIZABETH	COLLINGHAM	WREAKE RUNNERS
369	79:23	79:07	07:56.3	04:56.0	300	M	M	DAVID	JACKSON	WREAKE RUNNERS
88	79:29	79:17	07:56.9	04:56.3	301	MV40	M	GARY	ASHWELL	WEST END RUNNERS
599	79:31	79:14	07:57.1	04:56.5	302	MV40	M	DUNCAN	SMITH	HUNCOTE HARRIERS
141	79:36	79:10	07:57.6	04:56.8	303	MV40	M	SEAN	TEBBUTT	WIGSTON PHOENIX RC
444	79:40	79:08	07:58.0	04:57.0	304	FV40	F	PENNY	MASSER	HINCKLEY RUNNING CLUB
49	79:43	79:04	07:58.3	04:57.2	305	MV40	M	ROBERT	CRANE	DESFORD STRIDERS
453	79:44	79:16	07:58.4	04:57.3	306	MV40	M	LEE	MAYNE	unattached
428	79:52	79:22	07:59.2	04:57.8	307	FV40	F	NIAMH	LOWE	BARROW RUNNERS
546	79:57	79:43	07:59.7	04:58.1	308	FV40	F	TRACEY	POWELL	IVANHOE RUNNERS
510	80:10	79:51	08:01.0	04:58.9	309	FV40	F	REBECCA	PARRY	WIGSTON PHOENIX RC
513	80:13	79:35	08:01.3	04:59.1	310	M	M	DANIEL	PATRICK	VEGAN RUNNERS UK
1	80:25	80:24	08:02.5	04:59.8	311	MV40	M	STEVEN	LATHAM	WIGSTON PHOENIX RC
545	80:25	79:58	08:02.5	04:59.8	312	MV40	M	PAUL	POULTON	CHASE HARRIERS
204	80:30	79:50	08:03.0	05:00.1	313	M	M	DANIEL	CALDWELL	unattached
647	80:35	80:22	08:03.5	05:00.4	314	F	F	ANDREA	TRICKETT	IVANHOE RUNNERS
464	80:37	80:14	08:03.7	05:00.6	315	FV40	F	SAM	MIDDLETON	WEST END RUNNERS
608	80:40	80:28	08:04.0	05:00.7	316	M	M	ANGUS	SPENCE	BIRSTALL RC
394	80:43	80:06	08:04.3	05:00.9	317	F	F	DEBBIE	KILMISTER	BEAUMONT RUNNING CLUB
19	80:43	80:23	08:04.3	05:00.9	318	M	M	OLIVER	BARRATT	BIRSTALL RC
540	80:48	80:12	08:04.8	05:01.2	319	M	M	GREG	POLLARD	HINCKLEY RUNNING CLUB
348	80:49	80:30	08:04.9	05:01.3	320	MV40	M	PAUL	HOLMES	HERMITAGE HARRIERS
415	80:51	80:33	08:05.1	05:01.4	321	MV40	M	COLIN	LEES	BADGERS
470	80:52	80:38	08:05.2	05:01.5	322	MV40	M	JIMMY	MITCHINSON	WEST END RUNNERS
291	80:52	80:21	08:05.2	05:01.5	323	F	F	SARAH	GARFORD	HINCKLEY RUNNING CLUB
625	80:52	80:24	08:05.2	05:01.5	324	MV40	M	JAMES	TATE	unattached
169	80:53	80:40	08:05.3	05:01.6	325	FV40	F	KAREN	BELL	IVANHOE RUNNERS
52	80:53	80:26	08:05.3	05:01.6	326	MV40	M	MARK	FOLEY	DESFORD STRIDERS
529	81:03	80:39	08:06.3	05:02.2	327	M	M	LEE	PICKERING	unattached
413	81:08	80:39	08:06.8	05:02.5	328	MV40	M	PAUL	LEANEY	CHARNWOOD AC
564	81:10	80:46	08:07.0	05:02.6	329	MV40	M	MARTIN	RENFREY	unattached
407	81:16	81:07	08:07.6	05:03.0	330	M	M	HARRY	LANGHAM	HINCKLEY RUNNING CLUB
653	81:27	80:59	08:08.7	05:03.7	331	M	M	CRAIG	TURLINGTON	POPLAR RUNNING CLUB
270	81:32	80:54	08:09.2	05:04.0	332	MV40	M	GAVIN	ELLIS	unattached
39	81:35	80:53	08:09.5	05:04.2	333	M	M	CHRIS	WILLMOTT	BIRSTALL RC
281	81:38	81:01	08:09.8	05:04.3	334	FV40	F	MICHELLE	FOWLER	HINCKLEY RUNNING CLUB
220	81:38	81:29	08:09.8	05:04.3	335	MV40	M	STUART	COE	BEAUMONT RUNNING CLUB
98	81:42	81:13	08:10.2	05:04.6	336	F	F	EMILY	HALL	WEST END RUNNERS
688	81:43	81:23	08:10.3	05:04.7	337	FV40	F	LESLEY	WILKINS	HERMITAGE HARRIERS
441	81:46	81:29	08:10.6	05:04.8	338	M	M	TOM	MARTIN	ROADHOGGS LEICESTER AC
521	81:47	81:15	08:10.7	05:04.9	339	MV40	M	MIKE	PERCIVAL	HUNCOTE HARRIERS
619	81:47	81:26	08:10.7	05:04.9	340	M	M	MARK	SWIFT	POPLAR RUNNING CLUB
45	81:48	81:19	08:10.8	05:05.0	341	FV40	F	MHAIRI	BILLINGTON	DESFORD STRIDERS
552	81:52	81:39	08:11.2	05:05.2	342	F	F	KERRY	QUEENAN	ILKESTON RUNNING CLUB
279	81:53	81:41	08:11.3	05:05.3	343	MV40	M	RICHARD	SIMS	unattached
16	81:55	81:29	08:11.5	05:05.4	344	MV40	M	ASHLEY	HOLT	BIRSTALL RC
321	81:56	81:37	08:11.6	05:05.5	345	F	F	ANNA	HARDING	POPLAR RUNNING CLUB
429	81:58	81:38	08:11.8	05:05.6	346	FV40	F	VICKI	LOWE	STILTON STRIDERS
665	82:10	81:40	08:13.0	05:06.3	347	MV40	M	JON	WALSH	BARROW RUNNERS
207	82:19	81:49	08:13.9	05:06.9	348	MV40	M	LINDEL	CARRUTHERS	HUNCOTE HARRIERS
492	82:20	81:56	08:14.0	05:07.0	349	F	F	NATALIE	NURSE	TEAM ANSTEY AMBLERS AND RUNNERS
25	82:22	81:55	08:14.2	05:07.1	350	MV40	M	IAN	BLACK	BIRSTALL RC
18	82:23	81:58	08:14.3	05:07.1	351	FV40	F	CATHERINE	JACKSON	BIRSTALL RC
532	82:31	82:03	08:15.1	05:07.6	352	M	M	STEVE	PIGGOT	unattached
242	82:37	82:12	08:15.7	05:08.0	353	MV40	M	ROB	CROW	BADGERS
382	82:40	82:02	08:16.0	05:08.2	354	F	F	KAREN	CLARK	BOURNE TOWN HARRIERS
655	82:54	82:01	08:17.4	05:09.1	355	MV40	M	NEIL	TURNER	unattached
662	82:57	82:44	08:17.7	05:09.3	356	MV40	M	DAVID	WALKER	IVANHOE RUNNERS
669	83:08	82:32	08:18.8	05:09.9	357	MV40	M	NICK	WELLS	TEAM DERBY RUNNER
569	83:14	82:51	08:19.4	05:10.3	358	F	F	AMBER	RICHARDSON	TEAM ANSTEY AMBLERS AND RUNNERS

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
681	83:16	82:56	08:19.6	05:10.4	359	MV40	M	JEFF	WICKHAM	HUNCOTE HARRIERS
640	83:18	82:55	08:19.8	05:10.6	360	F	F	MARY	TIERNEY	BARROW RUNNERS
612	83:27	82:49	08:20.7	05:11.1	361	M	M	ROGER	TACEY	unattached
637	83:31	82:55	08:21.1	05:11.4	362	MV40	M	RICHARD	THOMPSON	unattached
330	83:33	83:18	08:21.3	05:11.5	363	FV40	F	KAREN	HARTLAND	IVANHOE RUNNERS
55	83:34	83:08	08:21.4	05:11.6	364	MV40	M	GARY	GRIMSLEY	DES福德 STRIDERS
427	83:34	83:08	08:21.4	05:11.6	365	MV40	M	KEVIN	LOVERIDGE	SHEPshed RUNNING CLUB
2	83:35	83:14	08:21.5	05:11.6	366	F	F	HANNAH	ASKHAM	BIRSTALL RC
572	83:39	83:05	08:21.9	05:11.9	367	MV40	M	MARK	RITCHIE	unattached
530	83:48	83:25	08:22.8	05:12.4	368	M	M	LUKE	PICKERING	unattached
229	83:49	83:17	08:22.9	05:12.5	369	F	F	AMY	COOMBE	TEAM ANSTEY AMBLERS AND RUNNERS
490	83:50	83:10	08:23.0	05:12.5	370	M	M	JON	NORWELL	TEAM ANSTEY AMBLERS AND RUNNERS
251	83:57	83:22	08:23.7	05:13.0	371	M	M	BEN	DAVIES	unattached
670	84:00	83:53	08:24.0	05:13.2	372	MV40	M	STUART	WELLS	unattached
87	84:03	83:53	08:24.3	05:13.4	373	MV40	M	MUHAMMAD	ASHRAF	WEST END RUNNERS
649	84:03	83:47	08:24.3	05:13.4	374	FV40	F	RACHEL	TRIVETT	HUNCOTE HARRIERS
212	84:08	83:34	08:24.8	05:13.7	375	MV40	M	PHILIP	CASWELL	WEST END RUNNERS
358	84:15	83:54	08:25.5	05:14.1	376	M	M	DANIEL	HOWLEY	STILTON STRIDERS
192	84:20	83:59	08:26.0	05:14.4	377	F	F	CLAIRE	BRYAN	HUNCOTE HARRIERS
196	84:22	83:52	08:26.2	05:14.5	378	F	F	MORVEN	BURDEN	WEST END RUNNERS
512	84:29	83:57	08:26.9	05:15.0	379	F	F	SEEMA	PATEL	HUNCOTE HARRIERS
183	84:32	83:59	08:27.2	05:15.2	380	MV40	M	JOSEPH	BOYLE	TEAM ANSTEY AMBLERS AND RUNNERS
614	84:42	84:08	08:28.2	05:15.8	381	FV40	F	LISA	STONE	FLECKNEY & KIBWORTH ATHLETICS CLUB
596	84:46	84:29	08:28.6	05:16.0	382	MV40	M	PETER	SLONECZNY	ROADHOGGS LEICESTER AC
130	85:04	84:23	08:30.4	05:17.1	383	F	F	DANIELLE	WRIGHT	unattached
35	85:06	84:30	08:30.6	05:17.3	384	MV40	M	HEATH	WALKER	BIRSTALL RC
570	85:07	84:38	08:30.7	05:17.3	385	MV40	M	ANDY	RICHARDSON	DES福德 STRIDERS
216	85:07	84:30	08:30.7	05:17.3	386	F	F	SARAH	CHESHIRE	WEST END RUNNERS
101	85:15	84:29	08:31.5	05:17.8	387	MV40	M	PAUL	HOLDICH	WEST END RUNNERS
586	85:20	85:04	08:32.0	05:18.1	388	MV40	M	MARCUS	SHAIKH	ROADHOGGS LEICESTER AC
531	85:25	84:54	08:32.5	05:18.5	389	MV40	M	ANDREW	PICKNELL	LEICESTER TRIATHLON CLUB
264	85:34	85:23	08:33.4	05:19.0	390	FV40	F	JULIE	DUTTON	WREAKE RUNNERS
112	85:36	85:15	08:33.6	05:19.1	391	MV40	M	JOHN	WRIGHT	WEST END RUNNERS
82	85:40	85:11	08:34.0	05:19.4	392	MV40	M	ROGER	SMITH	DES福德 STRIDERS
356	85:41	85:02	08:34.1	05:19.4	393	M	M	DANIEL	HOWE	unattached
329	85:48	00:00	08:34.8	05:19.9	394	MV40	M	JOHN	HART	WIGSTON PHOENIX RC
259	85:50	85:31	08:35.0	05:20.0	395	FV40	F	CHERYL	DEWIS	BADGERS
447	85:53	85:25	08:35.3	05:20.2	396	M	M	CRAIG	MATTHEWS	BUSHFIELD JOGGERS
341	86:05	85:25	08:36.5	05:20.9	397	MV40	M	MIKE	HIGGOTT	BEAUMONT RUNNING CLUB
118	86:06	85:28	08:36.6	05:21.0	398	FV40	F	MIRIAM	COX	WIGSTON PHOENIX RC
105	86:10	86:05	08:37.0	05:21.2	399	MV40	M	BRYAN	NELSON	WEST END RUNNERS
482	86:10	85:31	08:37.0	05:21.2	400	FV40	F	ANNE	NEWBERY	unattached
144	86:10	85:33	08:37.0	05:21.2	401	FV40	F	DONNA	WELSH	WIGSTON PHOENIX RC
361	86:14	85:43	08:37.4	05:21.5	402	FV40	F	ANDREA	HULETT	unattached
332	86:15	85:35	08:37.5	05:21.6	403	MV40	M	JAMES	HASSELL	BEAUMONT RUNNING CLUB
159	86:18	85:54	08:37.8	05:21.7	404	M	M	STEVEN	BAILEY	BARROW RUNNERS
3	86:20	85:45	08:38.0	05:21.9	405	MV40	M	PETER	BARRATT	BIRSTALL RC
626	86:21	86:02	08:38.1	05:21.9	406	MV40	M	ROB	TATE	HUNCOTE HARRIERS
487	86:25	85:47	08:38.5	05:22.2	407	MV40	M	TONY	NOBLE	HERMITAGE HARRIERS
465	86:27	85:45	08:38.7	05:22.3	408	MV40	M	DAMIAN	MILES	unattached
136	86:31	86:00	08:39.1	05:22.6	409	FV40	F	TERESA	RIZOYANNIS	WIGSTON PHOENIX RC
525	86:35	85:56	08:39.5	05:22.8	410	FV40	F	LIZ	PHILLIPS	SHELTON STRIDERS
40	86:39	86:18	08:39.9	05:23.1	411	FV40	F	KERRIE	WILMOT-GREEN	BIRSTALL RC
85	86:45	86:17	08:40.5	05:23.4	412	FV40	F	CHERYL	WRIGHT	DES福德 STRIDERS
244	86:49	86:25	08:40.9	05:23.7	413	M	M	LONG	CUI	unattached
663	86:50	86:31	08:41.0	05:23.7	414	MV40	M	BRIAN	WALKLING	STILTON STRIDERS
11	86:51	86:18	08:41.1	05:23.8	415	MV40	M	MARK	FLANAGHAN	BIRSTALL RC
561	86:54	86:11	08:41.4	05:24.0	416	MV40	M	JOHN	REDFEARN	FLECKNEY & KIBWORTH ATHLETICS CLUB
21	86:55	86:21	08:41.5	05:24.0	417	MV40	M	GEOFF	LAW	BIRSTALL RC
433	86:58	86:17	08:41.8	05:24.2	418	MV40	M	FRANK	LUSK	BEAUMONT RUNNING CLUB
620	87:01	86:17	08:42.1	05:24.4	419	FV40	F	SALLY	SWIFT	FLECKNEY & KIBWORTH ATHLETICS CLUB
473	87:04	86:42	08:42.4	05:24.6	420	F	F	EMILY	MORGAN	POPLAR RUNNING CLUB
573	87:06	86:23	08:42.6	05:24.7	421	MV40	M	MATTHEW	RIX	FLECKNEY & KIBWORTH ATHLETICS CLUB
6	87:09	86:34	08:42.9	05:24.9	422	M	M	JAMIE	BUTLER	BIRSTALL RC
208	87:14	86:55	08:43.4	05:25.2	423	FV40	F	HELEN	CARSS	POPLAR RUNNING CLUB
705	87:17		08:43.7	05:25.4	424	MV40	M	DAVID	BEAUMONT	WIGSTON PHOENIX RC
36	87:23	86:47	08:44.3	05:25.8	425	FV40	F	DEBBIE	WEEKS	BIRSTALL RC
42	87:29	86:53	08:44.9	05:26.2	426	FV40	F	MAEVE	WYNN-WILLIAMS	BIRSTALL RC
185	87:36	87:22	08:45.6	05:26.6	427	FV40	F	AMANDA	BRADBURY	IVANHOE RUNNERS
343	87:37	87:17	08:45.7	05:26.7	428	MV40	M	RICHARD	HILL	BADGERS
161	87:41	87:13	08:46.1	05:26.9	429	FV40	F	BEV	BARNES	REDHILL ROAD RUNNERS
10	87:44	87:04	08:46.4	05:27.1	430	MV40	M	ANDY	FINLOW	BIRSTALL RC
643	87:45	87:12	08:46.5	05:27.2	431	FV40	F	LORRAINE	TOLL	BARROW RUNNERS
452	87:50	87:12	08:47.0	05:27.5	432	F	F	VICKY	MAYES	WEST END RUNNERS
97	87:50	87:14	08:47.0	05:27.5	433	FV40	F	JANE	HAGREEN	WEST END RUNNERS
165	87:52	86:54	08:47.2	05:27.6	434	MV40	M	MARTIN	BEATTIE	TEAM ANSTEY AMBLERS AND RUNNERS
171	87:56	87:32	08:47.6	05:27.8	435	M	M	PAUL	BENTLEY	BARROW RUNNERS
379	87:57	87:25	08:47.7	05:27.9	436	F	F	SARAH	JOHNSON	POPLAR RUNNING CLUB
289	88:05	87:44	08:48.5	05:28.4	437	FV40	F	LINDSAY	FUNG	BEAUMONT RUNNING CLUB
449	88:19	87:42	08:49.9	05:29.3	438	MV40	M	COLIN	MAYES	HERMITAGE HARRIERS
248	88:20	87:49	08:50.0	05:29.3	439	F	F	AMY	CUNNINGHAM	HUNCOTE HARRIERS
479	88:20	87:49	08:50.0	05:29.3	440	FV40	F	JENNY	MURPHY	HUNCOTE HARRIERS
142	88:32	87:40	08:51.2	05:30.1	441	FV40	F	JULIE	THOMPSON	WIGSTON PHOENIX RC
652	88:33	88:08	08:51.3	05:30.1	442	F	F	CHARLOTTE	TUPLING	TEAM ANSTEY AMBLERS AND RUNNERS
622	88:35	87:59	08:51.5	05:30.3	443	MV40	M	IAN	SYLVESTER	HINCKLEY RUNNING CLUB
697	88:41	88:09	08:52.1	05:30.6	444	MV40	M	PETE	WISEMAN	BARROW RUNNERS
252	88:43	88:18	08:52.3	05:30.8	445	F	F	JOANNE	DAVIES	BADGERS
339	88:54	88:16	08:53.4	05:31.4	446	M	M	TIM	STANFORTH	unattached
221	88:58	88:01	08:53.8	05:31.7	447	MV40	M	PAUL	COHEN	TEAM ANSTEY AMBLERS AND RUNNERS
580	89:03	88:42	08:54.3	05:32.0	448	F	F	JOANNE	ROYSTON	POPLAR RUNNING CLUB

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
534	89:03	88:42	08:54.3	05:32.0	449	M	M	DAVID	PITCHFORD	POPLAR RUNNING CLUB
489	89:04	88:27	08:54.4	05:32.1	450	F	F	LOUISE	NORTON-PAGETT	BEAUMONT RUNNING CLUB
659	89:06	88:29	08:54.6	05:32.2	451	FV40	F	BETH	WAITE	BEAUMONT RUNNING CLUB
450	89:06	88:29	08:54.6	05:32.2	452	FV40	F	LISA	ELLIS	BEAUMONT RUNNING CLUB
628	89:16	88:38	08:55.6	05:32.8	453	FV40	F	TRACEY	JOHNSON	WIGSTON PHOENIX RC
621	89:19	88:54	08:55.9	05:33.0	454	F	F	SHELLEY	SWIFT	unattached
587	89:23	88:32	08:56.3	05:33.2	455	FV40	F	TRUDY	SHARPE	ROADHOGGS LEICESTER AC
315	89:24	89:00	08:56.4	05:33.3	456	FV40	F	RACHEL	HALL	unattached
488	89:31	89:14	08:57.1	05:33.7	457	FV40	F	JACKIE	NORMANTON	WOOTTON ROAD RUNNERS
671	89:39	88:59	08:57.9	05:34.2	458	FV40	F	NIKKI	WELYCZKO	BIRSTALL RC
336	89:46	89:00	08:58.6	05:34.7	459	F	F	SALLY	HENDERSON	HINCKLEY RUNNING CLUB
597	89:49	89:08	08:58.9	05:34.9	460	MV40	M	CHRISTOPHER	SMITH	unattached
30	89:49	89:15	08:58.9	05:34.9	461	MV40	M	JOHN	STARBUCK	BIRSTALL RC
235	89:50	89:22	08:59.0	05:34.9	462	F	F	RUTH	COUSIN	IVANHOE RUNNERS
432	89:56	89:21	08:59.6	05:35.3	463	M	M	MATTHEW	LUNN	HINCKLEY RUNNING CLUB
240	89:56	89:22	08:59.6	05:35.3	464	F	F	MEGAN	COX	BARROW RUNNERS
262	89:57	89:50	08:59.7	05:35.4	465	MV40	M	RAYMOND	DRAYCOTT	WIGSTON PHOENIX RC
416	90:00	89:24	09:00.0	05:35.5	466	FV40	F	ELIZABETH	LEES	HINCKLEY RUNNING CLUB
535	90:01	89:25	09:00.1	05:35.6	467	MV40	M	WILLIAM	PITHER	HINCKLEY RUNNING CLUB
23	90:04	89:23	09:00.4	05:35.8	468	MV40	M	LEE	MELBOURNE	BIRSTALL RC
268	90:13	89:37	09:01.3	05:36.3	469	FV40	F	ELAINE	ELLIOTT	WEST END RUNNERS
51	90:24	89:39	09:02.4	05:37.0	470	FV40	F	RUTH	EVANS	DESFORD STRIDERS
166	90:27	89:45	09:02.7	05:37.2	471	FV40	F	VICKY	BEAUMONT	FLECKNEY & KIBWORTH ATHLETICS CLUB
303	90:32	89:53	09:03.2	05:37.5	472	MV40	M	ANDREW	GREAVES	unattached
624	90:37	89:56	09:03.7	05:37.8	473	FV40	F	SHARON	TAIT	POPLAR RUNNING CLUB
440	90:40	90:05	09:04.0	05:38.0	474	FV40	F	JO	MARTIN	HINCKLEY RUNNING CLUB
539	90:48	90:22	09:04.8	05:38.5	475	M	M	DAVID	POLLARD	unattached
301	90:53	90:26	09:05.3	05:38.8	476	MV40	M	CHRIS	GOWANS	HERMITAGE HARRIERS
115	90:57	90:03	09:05.7	05:39.1	477	FV40	F	JUDITH	BASER	WIGSTON PHOENIX RC
566	91:13	00:00	09:07.3	05:40.1	478	M	M	MATTHEW	RESTAINO	WERRINGTON JOGGERS
62	91:22	90:34	09:08.2	05:40.6	479	FV40	F	RACHEL	LOPATA	DESFORD STRIDERS
84	91:22	90:34	09:08.2	05:40.6	480	FV40	F	HELEN	WEBB	DESFORD STRIDERS
411	91:28	90:49	09:08.8	05:41.0	481	F	F	SARAH	LAWRENCE	STILTON STRIDERS
675	91:30	90:52	09:09.0	05:41.1	482	F	F	JANE	WHITE	TEAM ANSTEY AMBLERS AND RUNNERS
393	91:36	91:09	09:09.6	05:41.5	483	F	F	CLAIRE	KIFFIN	TEAM ANSTEY AMBLERS AND RUNNERS
306	91:39	91:09	09:09.9	05:41.7	484	F	F	CLAIR	DAVIS	HUNCOTE HARRIERS
60	91:45	90:57	09:10.5	05:42.1	485	F	F	VICKI	HODSON	DESFORD STRIDERS
74	91:45	90:57	09:10.5	05:42.1	486	F	F	GEMMA	PHILLIPS	DESFORD STRIDERS
574	91:59	91:22	09:11.9	05:42.9	487	F	F	ABI	VERNON	WEST END RUNNERS
420	92:06	91:35	09:12.6	05:43.4	488	F	F	CLAIRE	LIMMAGE	POPLAR RUNNING CLUB
222	92:30	92:01	09:15.0	05:44.9	489	F	F	REBEKA	COHEN	HERMITAGE HARRIERS
246	92:32	91:35	09:15.2	05:45.0	490	M	M	PETER	CUMBERWORTH	TEAM ANSTEY AMBLERS AND RUNNERS
143	93:01	92:09	09:18.1	05:46.8	491	MV40	M	MARK	THOMPSON	WIGSTON PHOENIX RC
140	93:16	92:42	09:19.6	05:47.7	492	MV40	M	PETE	SYLVESTER	WIGSTON PHOENIX RC
537	93:25	92:56	09:20.5	05:48.3	493	MV40	M	TIM	POLE	unattached
151	93:25	92:55	09:20.5	05:48.3	494	FV40	F	ALISON	ALLAN	POPLAR RUNNING CLUB
691	93:33	92:52	09:21.3	05:48.8	495	MV40	M	CHRIS	WILLMOTT	ROADHOGGS LEICESTER AC
380	93:41	93:09	09:22.1	05:49.3	496	MV40	M	TONY	JOHNSON	POPLAR RUNNING CLUB
475	93:46	93:04	09:22.6	05:49.6	497	MV40	M	JAMES	MORRISON	CHARWOOD AC
504	93:54	93:24	09:23.4	05:50.1	498	F	F	CHRISTINE	PARKER	unattached
299	93:59	93:16	09:23.9	05:50.4	499	MV40	M	ANDREW	GOODMAN	BIRSTALL RC
75	94:07	93:19	09:24.7	05:50.9	500	MV40	M	FRANCIS	BREEN	DESFORD STRIDERS
137	94:36	94:01	09:27.6	05:52.7	501	F	F	HEIDI	ROSE	WIGSTON PHOENIX RC
542	94:39	93:48	09:27.9	05:52.9	502	FV40	F	ANN	POPOVICH	WEST END RUNNERS
362	94:44	94:04	09:28.4	05:53.2	503	FV40	F	JANE	HULL	WEST END RUNNERS
430	94:46	94:16	09:28.6	05:53.3	504	FV40	F	MARIE	LUKER	unattached
32	94:49	93:52	09:28.9	05:53.5	505	F	F	ROSLYN	CAMPBELL	BIRSTALL RC
598	95:00	94:13	09:30.0	05:54.2	506	FV40	F	DEBBIE	SMITH	HARLOW RUNNING CLUB
448	95:02	94:22	09:30.2	05:54.3	507	FV40	F	PIP	MATTOCK	POPLAR RUNNING CLUB
184	95:03	94:23	09:30.3	05:54.4	508	F	F	CELINE	BRADBURN	POPLAR RUNNING CLUB
34	95:12	94:32	09:31.2	05:54.9	509	F	F	BERNADENE	TURNER	BIRSTALL RC
245	95:20	94:22	09:32.0	05:55.4	510	F	F	ELLA	CUMBERWORTH	TEAM ANSTEY AMBLERS AND RUNNERS
660	95:23	94:46	09:32.3	05:55.6	511	F	F	JULIA	WAITE	HINCKLEY RUNNING CLUB
7	95:23	94:47	09:32.3	05:55.6	512	F	F	LORRAINE	COBLEY	BIRSTALL RC
563	95:32	94:45	09:33.2	05:56.2	513	MV40	M	MATTHEW	REDMAN	WERRINGTON JOGGERS
202	95:37	95:03	09:33.7	05:56.5	514	MV40	M	MICK	BUTLER	HUNCOTE HARRIERS
335	95:42	95:00	09:34.2	05:56.8	515	MV40	M	SHAUN	HEAPHY	ROADHOGGS LEICESTER AC
631	95:42	94:52	09:34.2	05:56.8	516	F	F	SAMANTHA	TEBBATT	unattached
90	95:51	95:05	09:35.1	05:57.4	517	FV40	F	SUE	BOSLEY	WEST END RUNNERS
107	95:54	95:08	09:35.4	05:57.5	518	FV40	F	SALLY	O'SHEA	WEST END RUNNERS
445	96:08	95:31	09:36.8	05:58.4	519	F	F	AMY	MATHARU	unattached
376	96:14	95:17	09:37.4	05:58.8	520	FV40	F	ELEANOR	JOHNSON	TEAM ANSTEY AMBLERS AND RUNNERS
423	96:29	95:49	09:38.9	05:59.7	521	MV40	M	PETE	LIQUORISH	unattached
528	96:32	95:41	09:39.2	05:59.9	522	F	F	LAURA	PICKARD	STILTON STRIDERS
13	96:32	95:35	09:39.2	05:59.9	523	MV40	M	LOU	HALL	BIRSTALL RC
550	96:36	95:51	09:39.6	06:00.1	524	F	F	EMMA	PURCELL	TEAM ANSTEY AMBLERS AND RUNNERS
677	96:39	95:54	09:39.9	06:00.3	525	F	F	SARAH	WHITE	TEAM ANSTEY AMBLERS AND RUNNERS
79	96:44	95:50	09:40.4	06:00.6	526	F	F	ALISON	SEARLE	DESFORD STRIDERS
496	96:50	96:06	09:41.0	06:01.0	527	FV40	F	CHARLOTTE	OLIVER	BADGERS
567	96:52	95:55	09:41.2	06:01.1	528	F	F	ELLA	REYNOLDS	TEAM ANSTEY AMBLERS AND RUNNERS
520	96:57	96:11	09:41.7	06:01.5	529	FV40	F	SARA	PENKETH	WERRINGTON JOGGERS
350	97:06	96:28	09:42.6	06:02.0	530	MV40	M	ROBERT	HOLT	BEAUMONT RUNNING CLUB
266	97:11	96:24	09:43.1	06:02.3	531	F	F	CLAIRE	EDWARDS	HUNCOTE HARRIERS
439	97:12	96:22	09:43.2	06:02.4	532	F	F	RUTH	MANN	HERMITAGE HARRIERS
371	97:15	96:18	09:43.5	06:02.6	533	F	F	BECKY	JEHU	TEAM ANSTEY AMBLERS AND RUNNERS
57	97:17	96:23	09:43.7	06:02.7	534	FV40	F	CAROL	HAYLETT	DESFORD STRIDERS
327	97:20	96:33	09:44.0	06:02.9	535	F	F	RACHAEL	HARRISON	TEAM ANSTEY AMBLERS AND RUNNERS
295	97:31	96:38	09:45.1	06:03.6	536	MV40	M	NEIL	GILLET	TEAM ANSTEY AMBLERS AND RUNNERS
559	97:37	97:05	09:45.7	06:03.9	537	FV40	F	JOANNA	RAVENHILL	HUNCOTE HARRIERS
636	97:37	97:31	09:45.7	06:03.9	538	MV40	M	MARK	THOMPSON	WEST END RUNNERS

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
325	97:39	97:01	09:45.9	06:04.1	539	F	F	LYNDA	HARRIS	STILTON STRIDERS
494	97:40	96:56	09:46.0	06:04.1	540	F	F	SARAH	ODOM	WIGSTON PHOENIX RC
706	97:40		09:46.0	06:04.1	541	F	F	ZOE	JONES	WIGSTON PHOENIX RC
633	97:51	97:50	09:47.1	06:04.8	542	F	F	MONIKA	TERESIAK	unattached
618	98:06	97:51	09:48.6	06:05.7	543	FV40	F	HEATHER	SWAN	IVANHOE RUNNERS
191	98:21	97:54	09:50.1	06:06.7	544	FV40	F	JOY	BROWN	BEAUMONT RUNNING CLUB
91	98:31	97:39	09:51.1	06:07.3	545	F	F	RACHEL	CONGREVE	WEST END RUNNERS
526	98:33	97:52	09:51.3	06:07.4	546	F	F	SARAH	PICK	unattached
497	98:33	97:52	09:51.3	06:07.4	547	FV40	F	BECKY	OTS	unattached
664	98:35	98:08	09:51.5	06:07.5	548	FV40	F	AMANDA	WALLIS	REDHILL ROAD RUNNERS
70	98:39	97:46	09:51.9	06:07.8	549	MV40	M	PETER	O'BRIEN	DESFORD STRIDERS
555	98:42	97:45	09:52.2	06:08.0	550	FV40	F	RAJ	RAGI	BEAUMONT RUNNING CLUB
689	98:45	98:03	09:52.5	06:08.2	551	M	M	JAMES	WILLDAY	unattached
224	98:59	98:13	09:53.9	06:09.0	552	FV40	F	JANE	COLLINGHAM	WREAKE RUNNERS
674	99:06	98:14	09:54.6	06:09.5	553	F	F	BETH	WHITE	DESFORD STRIDERS
538	99:15	98:26	09:55.5	06:10.0	554	FV40	F	CHARLOTTE	POLLARD	HERMITAGE HARRIERS
593	99:23	98:26	09:56.3	06:10.5	555	F	F	CHARLOTTE	SINCLAIR	HINCKLEY RUNNING CLUB
297	99:25	98:55	09:56.5	06:10.6	556	F	F	LISA	GODFREY	HERMITAGE HARRIERS
210	99:27	98:42	09:56.7	06:10.8	557	FV40	F	SUE	CASTLEDINE	HUNCOTE HARRIERS
92	99:34	98:41	09:57.4	06:11.2	558	M	M	WILLIAM	DAVIDSON	WEST END RUNNERS
179	99:42	98:52	09:58.2	06:11.7	559	FV40	F	AIMI	BLAND	unattached
33	100:00	99:18	10:00.0	06:12.8	560	MV40	M	SIMON	TAYLOR	BIRSTALL RC
493	100:04	99:15	10:00.4	06:13.1	561	FV40	F	JILL	O'CONNELL	DEWSBURY ROAD RUNNERS
232	100:04	99:11	10:00.4	06:13.1	562	F	F	ALISON	COULAM	unattached
363	100:05	99:15	10:00.5	06:13.1	563	FV40	F	JENIFER	HULME	HERMITAGE HARRIERS
316	100:15	99:18	10:01.5	06:13.8	564	MV40	M	KEITH	HALLAM	TEAM ANSTAY AMBLERS AND RUNNERS
117	100:43	99:42	10:04.3	06:15.5	565	MV40	M	MARK	YOUNG	TEAM ANSTAY AMBLERS AND RUNNERS
533	100:43	99:53	10:04.3	06:15.5	566	FV40	F	SUE	PILCHER	WERRINGTON JOGGERS
613	100:52	99:57	10:05.2	06:16.1	567	F	F	VANESSA	STOKES	HINCKLEY RUNNING CLUB
377	101:22	100:41	10:08.2	06:17.9	568	F	F	HELEN	JOHNSON	POPLAR RUNNING CLUB
524	101:28	100:38	10:08.8	06:18.3	569	FV40	F	SUZY	PERRY	HERMITAGE HARRIERS
96	101:32	100:37	10:09.2	06:18.5	570	FV40	F	LIS	GIBBS	WEST END RUNNERS
127	101:45	101:21	10:10.5	06:19.3	571	FV40	F	MELANIE	WRIGHT	unattached
180	101:45	101:18	10:10.5	06:19.3	572	FV40	F	SHERIDAN	BOHM	MIDLAND COUNTIES ATHLETICS ASSOCIATION
160	101:52	101:02	10:11.2	06:19.8	573	F	F	MICHAELA	BANKS	WERRINGTON JOGGERS
99	101:56	101:03	10:11.6	06:20.0	574	FV40	F	SHARON	HAMILL	WEST END RUNNERS
5	102:03	101:21	10:12.3	06:20.5	575	FV40	F	JOANNE	BULL	BIRSTALL RC
8	102:03	101:21	10:12.3	06:20.5	576	MV40	M	GARY	COKAYNE	BIRSTALL RC
322	102:08	101:23	10:12.8	06:20.8	577	F	F	JOANNE	HARDY	BADGERS
310	102:09	00:00	10:12.9	06:20.8	578	M	M	PAUL	GRUBB	BADGERS
320	102:11	101:26	10:13.1	06:21.0	579	MV40	M	JOHN	HANSON	BADGERS
194	102:28	101:33	10:14.8	06:22.0	580	F	F	MARION	BULLIVANT	unattached
304	102:28	101:34	10:14.8	06:22.0	581	FV40	F	SAMANTHA	GREEN	unattached
94	102:46	101:58	10:16.6	06:23.1	582	FV40	F	LOUISE	FORSDYKE	WEST END RUNNERS
454	102:46	101:58	10:16.6	06:23.1	583	FV40	F	SARA	MCADAM	WEST END RUNNERS
95	102:49	101:56	10:16.9	06:23.3	584	MV40	M	SCOTT	FREER	WEST END RUNNERS
227	102:55	101:56	10:17.5	06:23.7	585	FV40	F	BARBARA	CONEY	unattached
271	103:08	102:11	10:18.8	06:24.5	586	F	F	ALEXANDRA	EMERY	unattached
226	103:15	102:19	10:19.5	06:24.9	587	FV40	F	MARIE	CONCANNON	unattached
283	103:19	102:28	10:19.9	06:25.2	588	FV40	F	JEANNETTE	FRANKLIN	ROADHOGGS LEICESTER AC
129	103:55	103:22	10:23.5	06:27.4	589	FV40	F	SANDRA	LONG	WIGSTON PHOENIX RC
708	103:55		10:23.5	06:27.4	590	FV40	F	CAROLE	PRIESTLEY	WIGSTON PHOENIX RC
509	103:56	103:14	10:23.6	06:27.5	591	FV40	F	JUDY	PARKES	BADGERS
703	104:19		10:25.9	06:28.9	592	F	F	LINDSEY	HARTSHORN	WIGSTON PHOENIX RC
562	104:21	103:32	10:26.1	06:29.0	593	FV40	F	ESTHER	REDMAN	WERRINGTON JOGGERS
172	104:26	103:40	10:26.6	06:29.4	594	M	M	WARREN	BERMAN	TEAM ANSTAY AMBLERS AND RUNNERS
702	104:28		10:26.8	06:29.5	595	FV40	F	CAROLINE	NEAL	WIGSTON PHOENIX RC
128	104:28	103:44	10:26.8	06:29.5	596	F	F	KELLY	KILLEN	WIGSTON PHOENIX RC
400	105:01	104:11	10:30.1	06:31.5	597	F	F	MELANIE	KYRIAKOU	unattached
468	105:04	104:20	10:30.4	06:31.7	598	FV40	F	KAREN	MISSEN	BADGERS
149	105:05	104:38	10:30.5	06:31.8	599	F	F	LAURIE	AKROYD	unattached
704	105:23		10:32.3	06:32.9	600	FV40	F	BECKY	FAIRBAIRN	WIGSTON PHOENIX RC
418	105:37	105:08	10:33.7	06:33.8	601	F	F	EVE	LESTER	BUSHFIELD JOGGERS
103	106:22	105:30	10:38.2	06:36.6	602	F	F	RAMANDEEP	KAUR	WEST END RUNNERS
53	106:30	105:35	10:39.0	06:37.1	603	FV40	F	SARAH	FREER	DESFORD STRIDERS
76	106:31	105:37	10:39.1	06:37.1	604	F	F	ANNIE	POINTON	DESFORD STRIDERS
461	106:35	105:39	10:39.5	06:37.4	605	FV40	F	JUDY	MCSHARRY	HINCKLEY RUNNING CLUB
272	106:47	105:51	10:40.7	06:38.1	606	F	F	KELLY	EUSTACE	unattached
206	107:19	106:24	10:43.9	06:40.1	607	FV40	F	CATH	CARRIE	unattached
312	107:25	106:25	10:44.5	06:40.5	608	FV40	F	BARBARA	GUNN	BUSHFIELD JOGGERS
44	107:53	107:05	10:47.3	06:42.2	609	FV40	F	ANGELA	BARNETT	DESFORD STRIDERS
201	108:14	107:22	10:49.4	06:43.5	610	F	F	LIZ	BUTLER	ROADHOGGS LEICESTER AC
213	108:45	107:46	10:52.5	06:45.4	611	FV40	F	DAWN	CHAPMAN	BEAUMONT RUNNING CLUB
391	109:04	108:13	10:54.4	06:46.6	612	F	F	JENNIFER	KENT	STILTON STRIDERS
211	109:04	108:05	10:54.4	06:46.6	613	FV40	F	JOANNE	CASTLEDINE SLEATH	WIGSTON PHOENIX RC
173	109:06	107:52	10:54.6	06:46.7	614	MV40	M	CHRIS	BERWICK	LEICESTER CORITANIAN AC
237	109:06	108:17	10:54.6	06:46.7	615	F	F	ZOE	COWLISHAW	unattached
236	109:07	108:18	10:54.7	06:46.8	616	MV40	M	DAMIAN	COWLISHAW	LONG EATON RUNNING CLUB
274	109:35	108:52	10:57.5	06:48.6	617	F	F	ALEXANDRA	FAIRHURST	STILTON STRIDERS
404	110:09	109:23	11:00.9	06:50.7	618	MV40	M	GORDON	LANDSBURGH	HINCKLEY RUNNING CLUB
522	110:22	109:26	11:02.2	06:51.5	619	FV40	F	RACHEL	OLIVETI	unattached
611	110:37	109:44	11:03.7	06:52.4	620	F	F	SARAH	STATHAM	unattached
56	110:39	109:46	11:03.9	06:52.5	621	FV40	F	KELLY	GROUND	DESFORD STRIDERS
41	110:43	110:02	11:04.3	06:52.8	622	MV40	M	DERYK	WOODS	BIRSTALL RC
431	111:11	110:10	11:07.1	06:54.5	623	MV40	M	ANDY	LUNDY	TEAM ANSTAY AMBLERS AND RUNNERS
370	111:27	110:29	11:08.7	06:55.5	624	FV40	F	JO	JAMES	BADGERS
466	111:27	110:30	11:08.7	06:55.5	625	FV40	F	JANE	MILLWARD	HOOK NORTON HARRIERS
4	111:28	110:33	11:08.8	06:55.6	626	FV40	F	SUZANNE	BETTS-SAUNDERS	BIRSTALL RC
26	111:28	110:32	11:08.8	06:55.6	627	FV40	F	ALISON	ROWLANDS	BIRSTALL RC
265	112:07	111:12	11:12.7	06:58.0	628	F	F	PAM	EDEN	unattached

John Fraser 10 - 2016 Results

RACE NUMBER	GUN	(CHIP)	pace per mile	pace per km	OVERALL	Leics Cat	M/F	FIRST NAME	SURNAME	CLUB
366	112:55	111:56	11:17.5	07:01.0	629	MV40	M	DAVID	ISAAC	TEAM ANSTEY AMBLERS AND RUNNERS
367	112:56	111:56	11:17.6	07:01.0	630	FV40	F	LORRAINE	ISAAC	TEAM ANSTEY AMBLERS AND RUNNERS
48	113:50	112:57	11:23.0	07:04.4	631	F	F	CARLA	CRANE	DESFORD STRIDERS
588	113:56	112:55	11:23.6	07:04.8	632	MV40	M	PAUL	SHARRATT	TEAM ANSTEY AMBLERS AND RUNNERS
684	113:58	113:03	11:23.8	07:04.9	633	FV40	F	DIANE	WILDBUR	HINCKLEY RUNNING CLUB
214	114:39	113:45	11:27.9	07:07.4	634	FV40	F	JACQUE	CHAPMAN	unattached
261	114:40	113:44	11:28.0	07:07.5	635	FV40	F	AMANDA	DONKIN	HUNCOTE HARRIERS
551	114:40	113:44	11:28.0	07:07.5	636	F	F	AMANDA	PURDIE	HUNCOTE HARRIERS
313	114:44	113:57	11:28.4	07:07.8	637	FV40	F	GILLIAN	HAILES	BARROW RUNNERS
148	114:44	113:56	11:28.4	07:07.8	638	MV40	M	BOB	AIRD	BARROW RUNNERS
307	114:45	113:57	11:28.5	07:07.8	639	F	F	KAREN	GRIFFIN	unattached
24	115:19	114:22	11:31.9	07:09.9	640	FV40	F	SHOBHA	PARMAR	BIRSTALL RC
425	115:58	115:09	11:35.8	07:12.4	641	FV40	F	ALISON	LODWICK	ROADHOGGS LEICESTER AC
456	116:46	115:50	11:40.6	07:15.3	642	F	F	LORNA	MCGOWAN	unattached
121	117:10	116:19	11:43.0	07:16.8	643	MV40	M	GRAHAM	GARNER	WIGSTON PHOENIX RC
309	117:17	116:18	11:43.7	07:17.3	644	MV40	M	IAN	GROGAN	TEAM ANSTEY AMBLERS AND RUNNERS
14	119:17	118:20	11:55.7	07:24.7	645	FV40	F	STELLA	HICKINGBOTTOM	BIRSTALL RC
54	119:55	118:59	11:59.5	07:27.1	646	M	M	STUART	GREGORY	DESFORD STRIDERS
543	121:15	120:23	12:07.5	07:32.0	647	FV40	F	COLLETTE	PORTER	HERMITAGE HARRIERS
667	121:17	120:25	12:07.7	07:32.2	648	FV40	F	PENNY	WELLARD	HERMITAGE HARRIERS
571	121:18	120:26	12:07.8	07:32.2	649	F	F	TRACEY	RICHARDSON-LYNE	HERMITAGE HARRIERS
581	121:27	120:44	12:08.7	07:32.8	650	F	F	RHIANNON	GREEN	POPLAR RUNNING CLUB
557	125:52	124:52	12:35.2	07:49.3	651	FV40	F	LYNN	RANDALL	TEAM ANSTEY AMBLERS AND RUNNERS
77	130:16	129:22	13:01.6	08:05.7	652	F	F	SANDI	PUNIA	DESFORD STRIDERS
651	131:51	130:53	13:11.1	08:11.6	653	FV40	F	VALERIE	TUCKWOOD	TEAM ANSTEY AMBLERS AND RUNNERS
501	133:52	133:07	13:23.2	08:19.1	654	F	F	ANNE-MARIE	MATTHEWS	BADGERS
195	133:52	133:07	13:23.2	08:19.1	655	F	F	RACHAEL	BUNTING	BADGERS
337	135:08	134:42	13:30.8	08:23.8	656	FV40	F	JULIE	HENFREY	IVANHOE RUNNERS
606	135:09	134:34	13:30.9	08:23.9	657	FV40	F	MELANIE	SNUTCH	BIRSTALL RC
233	137:37	136:34	13:45.7	08:33.1	658	F	F	STACEY	COULTHARD	TEAM ANSTEY AMBLERS AND RUNNERS
707	137:38		13:45.8	08:33.1	659	FV40	F	CHERYL	JOHNSON	WIGSTON PHOENIX RC
					659					