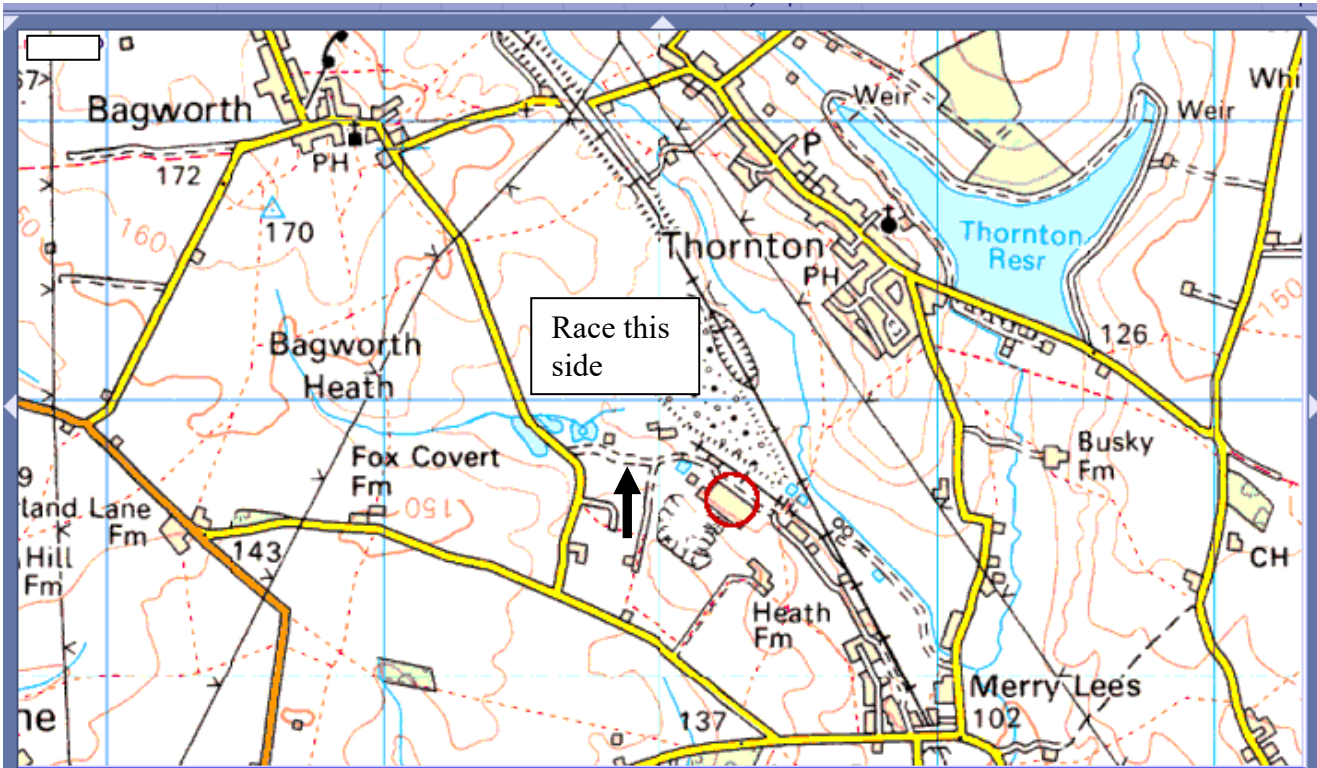


DESFORD STRIDERS INFORMATION SHEET
Race permit no. ARC 22/0004
Derby Runner Cross Country League - Race No.2
Bagworth Heath
Sunday 27th November 2022



Location: Bagworth Heath Woods, Heath Road, Bagworth, Coalville, LE67 1DL.

Directions: From Thornton or Merry Lees, take signs to Bagworth, then Bagworth Heath Woods.
(By kind permission – Leicestershire County Council, Parks Dept.)

*******Parking: VERY LIMITED - CAR SHARING ESSENTIAL*******

Course: On Thornton side of the Heath.

Junior race **£2** start approx. 10.30am, one or two laps depending on age – 1 mile school years 3 – 6, 2 Miles school years 7 -12

Main race: **£6** start 11am (note-all runners will start together-no split start for this race).

Approx 5 miles; comprising 2 laps; testing hill on both laps; woodland and grassland tracks; approx 150m of compacted gravel over tarmac bridle path on both laps. Note the route has some very muddy sections & tree roots.

Footwear: Spikes, or off-road shoes would be suitable.

Results: Sport in Desford, Peckleton Lane, Desford LE9 9JU. (Approx. 2miles from race.)

Contact: Steve Morris, Race Co-Ordinator, 07926 152345

All runners enter at their own risk. The organisers will in no way be held responsible for any loss or damage to property or for any injury incurred