

**DERBY RUNNER CROSS COUNTRY LEAGUE ROUND 4
LEICESTER DIVISION**

Permit Applied for

SUNDAY 19th FEBRUARY 2023

**ALTON GRANGE, ALTON HILL,
RAVENSTONE, LE67 2DL.**

11.00 am - £6.00 per runner on the day
Includes donation to the Woodland Trust

CAR PARK IS LIMITED !!!!!!! CAR SHARE IS ESSENTIAL!!!!
IF WE DON'T CAR SHARE WE WILL NOT GET THIS VENUE
AGAIN

There are NO changing facilities but three toilets available
Please use them and not the hedge row, people live here.

Senior race 2 laps. Approximately 5.7 miles.
Terrain will be mainly of grassland and a short section of hard bridle
path. There are some steep gradients studs are recommended.
NOT SUITABLE FOR SPIKES

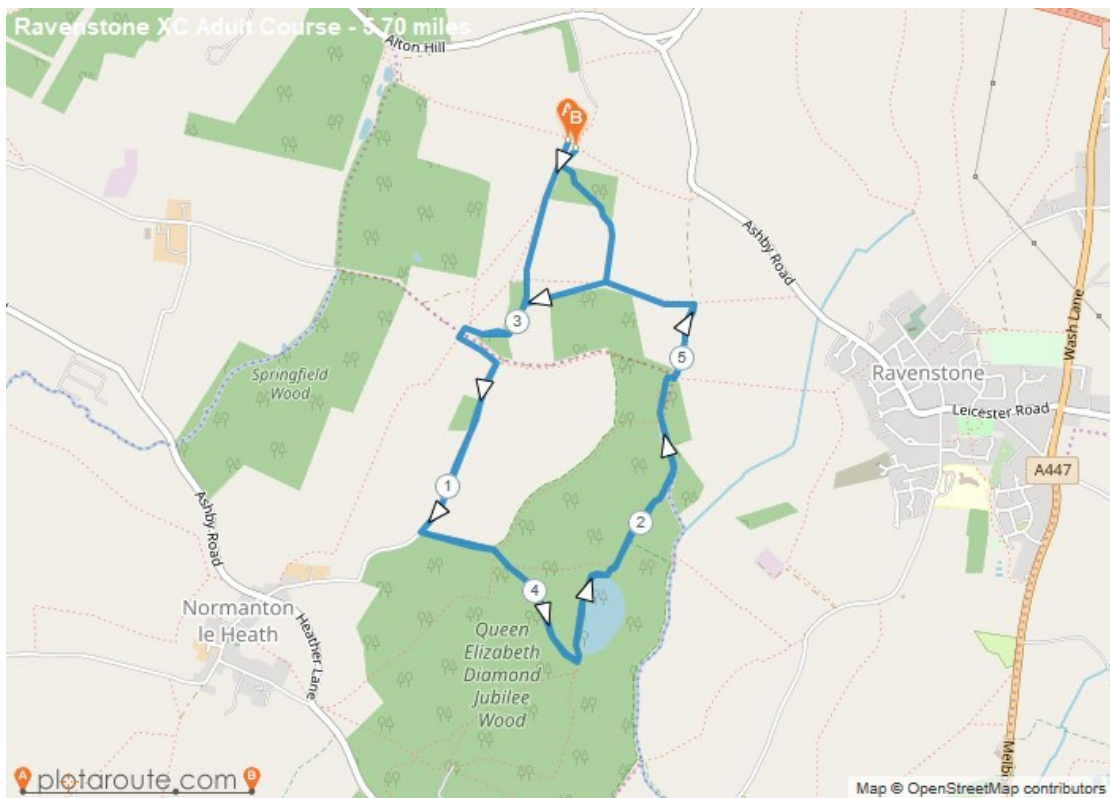
Junior race at 10.25 for school years 3 to 6 approx $\frac{3}{4}$ mile and school
years 7 to 12 approx $1\frac{1}{2}$ miles £2 on the day
Junior race suitable for spikes

Senior race open to age 17 and over

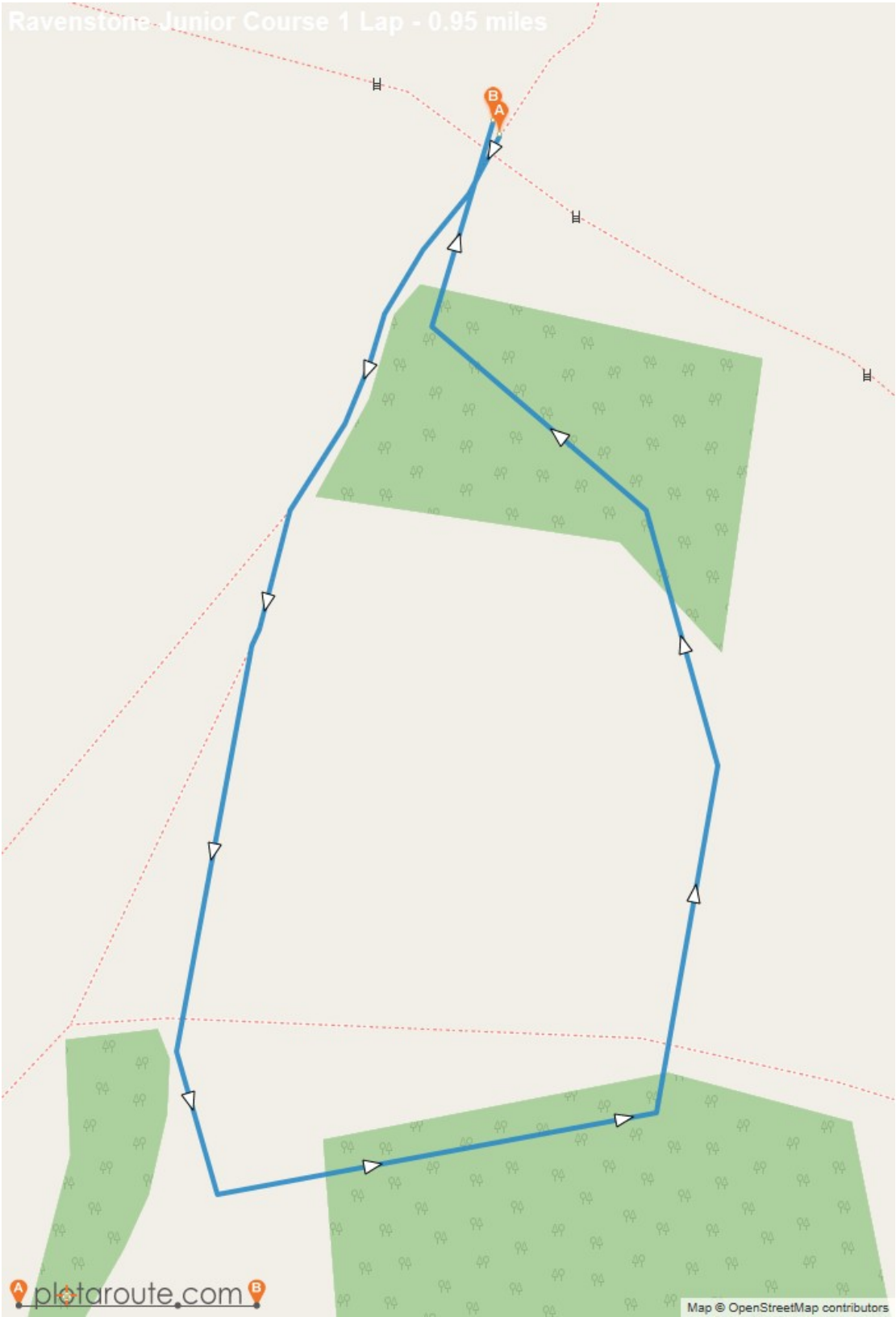
Further details from Dave Mann 07976 797975



Race HQ at Alton Grange Farm remember limited parking available



Adult course



Junior course